

# Zooga Spring Camp Schedule

9am-9:15am      **Camper Drop Off @ Zooga Yoga**  
11054 Washington Blvd.. Culver City, CA 90232

9:15am-9:45am      **Camper Settle In**  
Hula Hoops | Coloring | Organized Play  
\*To help children get comfortable with space

9:45am-10am      **Group Time: Coming Together**  
Camp Rules | Camper Intros | Teacher Intros |  
Go over daily schedule

10am-10:45am      **Yoga Class**  
Wake Up Meditation Yoga. Tuning In.

10:45am-11am      **Nutrition Time: Snack Break!**  
Healthy snacks provided | Bathroom Break

11am      **Outdoor Prep Time: Sunscreen!**

11:15 am      **Walk Over to Tellefson Park**

11:30am-12pm      **Physical Activity Time**  
Parachute Games in the park

12pm-1pm      **LUNCH & PLAY**  
Children who finish lunch will be allowed to play on the  
play structure.

1pm-1:15pm      **Walk back to Zooga**

1:15pm-1:40pm      **Arts 'n Crafts**

1:45pm-2:30pm      **Yoga Class**  
More active Class. Tuning In.

2:30pm-3pm      **Reading & Camper Pick Up**

3pm-5pm      **AFTERCARE**

Space is limited. Must sign up online or call (310)839-6642 before the 1st day of camp.  
Activities for Aftercare will be different every day. Pick up is at Zooga Yoga. In the event that  
campers are at the park, the front desk will call Aftercare Teacher.

## What to Bring

It is important that your child comes to camp after having received a good nights sleep as well as a healthy breakfast in order for a fun, safe and energetic day. Our staff wants your child to get the most of what our camp has to offer.

Campers should be dressed in comfortable clothing, including tennis shoes.

Please send the following items with your camper:

Lunch  
Sunscreen  
Refillable Water Bottle

CAMP LEADER:  
Heather

CAMP TEACHERS:  
Amber  
Casey  
Yuuki

# Zooga Daily Adventures

## Week One March 27-31

Day	Country	Craft
Mon. 3/27	China	Dragon Masks
Tue. 3/28	Mexico	Paper Flowers
Wed. 3/29	France	Pinwheels
Thur. 3/30	Prehistoric Times!	Dino Suncatchers
Fri. 3/31	Hawaii	Fish Magnets

## Week Two April 10-14

Day	Country	Craft
Mon. 4/10	India	Peacocks
Tues. 4/11	Italy	Paper Pizza
Wed. 4/12	Africa	Animal Masks
Thur. 4/13	Ireland	Flower Pots!
Fri. 4/14	Australia	Boomerangs

**Campers will get a stamp in their  
'Zooga Passport' for every country  
they visit!**

\*Countries/Crafts Subject to Change