



PRIMARY BENEFITS OF NUTRAMETRIX ISOTONIX MAGNESIUM:

- Promotes head comfort
- Promotes optimal muscle health and comfort
- Helps maintain normal blood sugar levels
- Supports a healthy sleep quality
- Helps maintain normal blood pressure
- Supports cardiovascular health
- Promotes cognitive health
- Supports bone health
- Helps the body maintain a healthy (or sufficient or proper) level of magnesium, combating magnesium deficiency

What Makes nutraMetrix Isotonix® Magnesium Unique†?

Magnesium is the fourth most abundant mineral in the body and supports more than 300 enzyme systems. It is required for energy, regulation of the body temperature, nerve function, adaptation to stress, metabolism and much more.

One of the main mechanisms of magnesium in the body is its support of normal protein synthesis. Normal protein synthesis relies on optimal magnesium concentrations, as magnesium supports the normal delivery to the building blocks of life – our DNA – of signals that trigger the expression of amino acids. In other words, this process supports the body’s normal ability to "make" proteins.

Unfortunately, inadequate levels of magnesium have been linked to poorer concentration, memory and cognitive function and muscle discomfort. Sleep quality is associated with higher levels of magnesium and when these levels are low, sleep quality may suffer.

nutraMetrix Isotonix Magnesium provides the body with 100% of the recommended daily value of magnesium in a highly-bioavailable formula. Thanks to its unique formula, which includes two different types of magnesium to increase its absorption by the body, Isotonix Magnesium helps maintain normal blood pressure and supports bone health and sleep quality, while promoting head comfort and optimal muscle health.

Additional Benefits of nutraMetrix Isotonix Magnesium:

- ✓ **Gluten-Free** - The finished product contains no detectable gluten
- ✓ **No Detectable GMO** - the finished product contains no detectable genetically modified organisms
- ✓ **Vegetarian** - nutraMetrix Isotonix Magnesium is a vegetarian product
- ✓ **Isotonic** - Drinkable Supplements easy-to-swallow supplements in liquid form are immediately available to the body for absorption.

Supplement Facts

Serving Size: 2 Capfuls (6.6 g)
Servings Per Container: 45

	Amount Per Serving	% DV*
Calories	5	
Total Carbohydrates	1 g	<1
Sugars	1 g	**
Magnesium (Citrate)	200 mg	50
Magnesium (Glycinate)	200 mg	50
Potassium (Bicarbonate)	150 mg	4

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value (DV) is not established.

Other ingredients: Fructose, malic acid, citric acid, orange juice powder, orange flavor, passion fruit flavor, silicon dioxide, rebaudioside A (stevia leaf) and Lo Han (fruit) extract.

Directions for use: Pour 1 level, white bottle capful of powder into the overcap. Add water to the line on the overcap (2 fl. oz./60 ml) and stir. As a dietary supplement, this product is best when taken twice daily, 1 capful in the morning and 1 capful in the evening, or as directed by your healthcare provider. Maximum absorption occurs when taken on an empty stomach. This product is isotonic only if the specified amounts of powder and water are used.

WARNING: If you are currently taking any prescription drugs, have an ongoing medical condition or are pregnant or breastfeeding, you should consult your healthcare provider before using this product. Magnesium should be used cautiously in individuals with reduced kidney function due to an increased risk of hypermagnesemia. Discontinue use and consult your healthcare provider if you experience diarrhea, abdominal cramping or discomfort.

This vegetarian product contains no added wheat, soy, yeast, gluten, artificial flavor, starch, salt, preservatives or milk.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place. Do not use if safety seal is broken or missing.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information, please contact: