

October's Themes

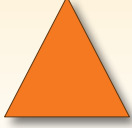
People Who Help: The people who work and live in our community are important. The children will learn about community helpers, explore their own neighborhoods, and learn what it means to belong to a community. They'll also learn what it means to be a responsible citizen by making their communities better. Experience the goodness that comes from listening to others and helping people. Fire Prevention Week will also be covered.

Night Creatures: Some animals are busy at night while the rest of the world sleeps. Bats, owls, raccoons, and cats are just a few of the nocturnal creatures featured in this fun fall theme.

Activities for Home

- Prepare an escape route for your family. Plan to meet in a designated area outside. Make sure that it is a safe distance away from your home. Practice your fire drills occasionally throughout the year.
- Designate reasonable jobs for your child to do at home, such as sweeping the floor, setting the table, or putting toys away. Away from home, encourage your child to clean up trash left behind by others and to hold a door open for someone. Your child will learn that it feels good to be helpful.
- Name animals living in your area and discuss if they are nocturnal. If your family has pets, discuss if they are nocturnal also. What animal sounds do you hear at night? Imitate those sounds.
- The next time your child is engaged in pretend play, appreciate the moment! Valuable learning is taking place when a child is rocking her doll to sleep or pretending to be a space alien. Imaginary play helps sharpen social skills, builds memory, develops creativity, and provides an outlet for stress.

Help Me Review

Dd	orange/black	4
Ee		5
Ff	triangle	6

Books, Books, Books

The best way to learn which books your child enjoys is to read children's books-lots of them! Check out **funshineextras.com** for Book Lists corresponding to each month's themes. Get to know your local librarians and ask for their recommendations as well.

A Day in the Life of a Dentist

by Heather Adamson

My Neighborhood

by Lisa Bullard

We Need Police Officers

by Lola Schaefer

Trashy Town

by Andrea Zimmerman

Stellaluna

by Janell Cannon

Where Are the Night Animals?

by Mary Ann Fraser

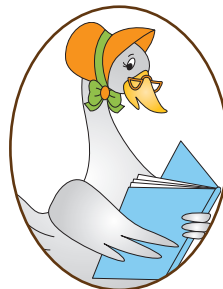
Nighttime

by Alastair Smith

Nocturnal Animals

by John Bonnett Wexo

Nursery Rhymes



Itsy Bitsy Spider

The itsy, bitsy spider
Went up the waterspout.
Down came the rain
And washed the spider out.
Out came the sun
And dried up all the rain.
And the itsy, bitsy spider
Went up the spout again.



Sing Along with Me!

Find these songs on our 2017-2018 Music and Movement CD available at funshineexpress.com.



People Who Help

Sung to "Did You Ever See a Lassie?"

Did you ever meet a doctor, a doctor, a doctor?
Did you ever meet a doctor? Oh, how does she help?
When you're feeling sickly,
She helps you heal quickly.
Did you ever meet a doctor who helps you get well?

Did you ever meet a firefighter,
a firefighter, a firefighter?
Did you ever meet a firefighter?
Oh, how does he help?
When fires get hotter,
He sprays lots of water.
Did you ever meet a firefighter who puts out a fire?



Did you ever meet a builder, a builder, a builder?
Did you ever meet a builder?
Oh, how does she help?
She hammers and saws wood;
Her buildings look so good!
Did you ever meet a builder who builds with her tools?

At Night

Sung to "Twinkle, Twinkle Little Star"

At night when we are fast asleep,
Wiggly spiders crawl and creep.
Weaving webs to catch a treat,
Like juicy flies they like to eat.
At night when we are fast asleep,
Wiggly spiders crawl and creep.



At night when we are fast asleep,
Cats prowl round on quiet feet.
Their glowing eyes reflect the light.
And help them see quite well at night.
At night when we are fast asleep,
Cats prowl round on quiet feet.



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You could win!



Pumpkin Sandwiches

Ingredients: whole wheat bread
peach or apricot fruit preserves
cream cheese
shelled, roasted pumpkin seeds

Provide a pumpkin-shaped cookie cutter and invite your child to cut two pumpkins from two slices of bread. Toast the pumpkin cutouts. Invite your child to spread cream cheese on one shape and sprinkle it with pumpkin seeds. Spread fruit preserves on the remaining pumpkin shape and place it on top. The result is a yummy edible pumpkin!

Everyday Spanish



nurse
enfermera



doctor
médico



teacher
profesor



postman
cartero