

July/Aug Newsletter



Concepts				
triangle review colors Opposites: day/night				
America the	Fishing	Where We	Bubbles	
Beautiful	Fun	Walk	Everywhere	
mountains	fish	grass	bubbles	
waterfall	fishing pole	dirt	bubble bath	



Look for Books

Good Night, America/Buenos noches, Estados Unidos by Adam Gamble

America: A Book of Opposites/Un libro de contrarios by W. Nikola Lisa

Bear and Hare Go Fishing/El oso y la liebre: de pesca! by Emily Gravatt

The Foot Book

by Dr. Seuss

Bath Time

by Sandra Boynton

Lines and Triangles and Squares, Oh My!
by Zoe Burke



Together Time Activities

Here are some fun activities you and your child can enjoy together!

Discover Pretty Places

If possible, take your child to visit a nearby scenic area. You could also plan an imaginary trip to a national park! Visit **nps.gov** and explore things to see and do. Which ones look best to you?

Watch Fish

Visit a pet store and watch the fish. Help your child notice the colors and ways the fish move.

Barefoot in the Grass

Let your child walk barefoot in the grass! Find a grassy area without sticks, stones, or other obstacles. As your child explores, talk about how the grass looks, smells, and feels.

Make Bubbles

Make your own bubble solution! Gently mix ¾ cup water, ¼ cup dish detergent (Joy, Dawn, etc.) and 1 tablespoon light corn syrup. Use anything with holes as bubble wands.



Nursery Rhymes

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. Nursery rhymes also help children develop language, memory, creativity, and other cognitive skills.



Fishy, Fishy

Fishy, fishy, in a brook; Daddy caught him with a hook. Mommy fried him in a pan, And baby ate him like a man.

Round and Round the Garden

Round and round the garden Like a teddy bear. One step, two step, Tickle you under there.



Sign Language





Cooking Together

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

Trail Mix

1 cup oat ring cereal

1 cup small fish-shaped crackers

1 cup cinnamon toast flavored cereal

1 cup bite-size shredded wheat

½ cup butterscotch chips

½ cup raisins

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Mix all ingredients in a bowl. Add more nibbles or make substitutions if you like! Divide into individual portions to carry on a hike or when riding in the car.



Sing Along with Met

Find these songs on our 2016–2017 Music and Movement CD available at funshineexpress.com.

Fireworks

Sung to "Mary Had a Little Lamb"

Fireworks light up the sky, Sparkling bright, sparkling high! Shimmering with blue, red, white, Lighting up the night!







Rainbow Bubbles

Sung to "Up on the Housetop"

First came a bubble passing by, Shining a rainbow in my eye! Then came another and many more, Until they filled the bright blue sky!

Bubbles shine, all around! Bubbles float, up and down! All from the bubble passing by, Shining a rainbow in my eye!







Reminders	

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