



A loving environment for every child

# Watch Me Grow

Child Development Center



## March Newsletter

Please visit our website at [www.watchmegrowlv.com](http://www.watchmegrowlv.com)  
Please like us on Facebook and Follow us on Twitter

### Did You Know???

Meaningful family engagement is vital to children's success in school. This parent involvement is also the key to a successful child development program.

We have a number of opportunities for parents to participate in our program -

- Party and event planning/ volunteering
- Guest speaking about career, special expertise or hobby
- Playground monitors
- Story tellers
- Preparing projects and donating items

Talk to your child's teacher about how you can get involved today!

### Kids say the funniest things.....

In our preschool classroom the teachers were discussing traffic lights with the children. The teacher said red means stop, yellow means slow down and green means go. She was quickly interrupted by one of the children who said "No Ms. Katrina, my mom goes really fast when the light is yellow"



### Upcoming Events

#### Watch Me Grow

- Mar. 2, 2016** -Dr. Seuss' B-Day Crazy Hat Day
- Mar. 17, 2016** -St. Patrick's Day  
\*Wear Green\*
- Mar. 25, 2016** -Spring Fling Parties/ Easter Egg Hunts

#### CCSD School Closing Schedule

**Mar. 21-25, 2016** - Spring Break

### **NOW ENROLLING**

CHILDREN AGES 6 YEARS TO 12 YEARS

## **SPRING BREAK AND SUMMER CAMP** **\$30 PER DAY/ \$125 PER WEEK**

**INCLUDES MEALS AND FIELD TRIPS**

**\*MUST ENROLL BY 3/11/2016**

**TO LOCK IN THIS SPECIAL RATE**



### Tasty Rainbow

This activity could either be a tasty snack or a colorful craft.

You will need:

- white paper plates or paper
- Fruit Loops cereal
- mini marshmallows
- Glue (if done as a craft)

1. Poor a bunch of Fruit Loops out on a plate and give each child an empty paper plate.
2. Sort the cereal in piles by color. For older children, call out a color and a number and have your child pick that many Fruit Loops of the color for example "Find 15 red Fruit Loops"
3. Once your child has all the colors, have them arrange in a rainbow shape on the plate or paper. (Glue the cereal down for the craft)
4. Add marshmallow clouds.
5. Enjoy your treat or check out your colorful rainbow.

## *This Months Curriculum Themes*

The March monthly curriculum theme is Farming and Farm Animals. Each week, the teachers will focus on a different topic pertaining to the month's theme. This month children will learn about life on the farm, the job of a farmer, animals that live on a farm and how to care for farm animals. They will also learn how farming and farm animals affect their daily lives.

The children will be introduced to new vocabulary words such as agriculture, harvest, pasture and tractor. They will play games, read stories and sing songs to help them learn more information about the theme.

Color of the month: Red  
Shape of the month: Diamond  
Letters of the month: M and N  
Numbers of the month: 13 and 14

**Please review the monthly center activity calendar. We have a number of special events and activities this month**



### Race Car Snack

**Strawberry Banana Car** - Use 1/3 or 1/2 of a peeled banana. Add sliced strawberries for wheels, a mini pretzel for steering wheel and a mini teddy bear cookie for the driver.

**Orange and Apple Car** - Slice oranges or apples and skewer two toothpicks through each end, adding one blueberry for each wheel. (Any fruit can substitute as wheels; i.e. grapes, raspberries, blackberries, ect.)

**Carrot Car** - Pierce two toothpicks through each end of the carrot and cut half a grape tomato for each wheel. You can also use cut celery for the car or wheels.

**Cheese Stick Car** - cut cheese sticks in half. Split mini cheese crackers in half and stick them on the cheese as wheels.

**Granola Car** - granola and round cereal. Cut out granola bars into rectangles and pierce two toothpicks through each end, threading a round cereal through for wheels.

## Daily Parenting Tip

Parenting Magazine

### 14 Tips to Get Kids to Open Up and Talk More About What's Going On in Their Lives

1. **Wait at least a half an hour.** Kids are generally drained and strained the moment they walk in door. So wait at least 30 minutes to start talking about school.
2. **Don't turn questions into a third degree.** What would make you want to open up and tell her all those details? The same rules apply to kids. Big kid turn offs: pushing, prodding, demanding, coaxing, lecturing and threatening.
3. **Look interested.** Think of how your best friend asks you about your day. Use her example.
4. **Ask questions that require more than yes or no.** So pose questions that require your child to respond with more than just yes, no, nope, sure, nothing, fine.
5. **Don't use the same questions.** A big kid turn off is hearing your same old predictable: "How was your day?" query. So be creative. Churn up those questions so your kid knows you are interested!
6. **Stop and listen.** The nanosecond your child utters ANYTHING related to school, stop and give your full presence.
7. **Stretch conversation with "invitation openers."** Don't push or prod but instead use these type of comments: "Really?" "Uh huh?" "I don't believe it!" "Wow!" They're not threatening and invite a talker to open up.
8. **Repeat talk portions.** The trick is to repeat the tidbit in a matter-of-fact but interested way to get your child to open up and add more.
9. **Make your house kid-friendly.** Many parents swear they find out more about school from their kids' friends than from their own child. So invite your child's friends over.
10. **Get on the school website.** Find out what's going on in your kid's school world: read the teacher newsletters, click onto the school calendar, read the school activities schedule and menu. You can then ask specific questions about your kid's day.
11. **Go into your kid's time zone.** Find out when and where your kids are most comfortable talking and use to get the conversation rolling.
12. **Sit side to side.** Try sitting side to side instead of face to face (which is less threatening).
13. **Talk while doing.** Some kids (especially boys) are more likely to open up while doing something they enjoy like shooting baskets, etc.
14. **Put yourself into the mix.** Describe your experiences using a natural conversational tone and your child may begin to open up about theirs.

### Inspirational quote.....

"We cannot always build the future for our youth, but we can build our youth for the future."

— Franklin D. Roosevelt, *Great Speeches*