



A loving environment for every child

# Watch Me Grow

Child Development Center



## March Newsletter

Please visit our new Website at [www.watchmegrowlv.com](http://www.watchmegrowlv.com)  
Please add us as a Friend on Facebook and Twitter

### Did You Know???

The key to a successful Child Development Program is Parent Involvement.

We have a number of opportunities for parents to participate in our program -

- Playground monitors
- Story tellers
- Party and Event planning
- Parent meeting coordinators

Talk to your child's teacher about how you can get involved today.

### Kids say the funniest things.....

In our preschool classroom the teachers were discussing traffic lights with the children. The teacher said red means stop, yellow means slow down and green means go. She was quickly interrupted by one of the children who said "No Ms. Katrina, my mom goes really fast when the light is yellow"

### Family Engagement/ Parent Education Opportunities

Date: March 12th (Thursday)  
Time: 6:30-8:30  
Location: Watch Me Grow  
Presenter: TBD

\*Child Care and Refreshments provided



### NOW ENROLLING

CHILDREN AGES 6 YEARS TO 12 YEARS

## SPRING BREAK AND SUMMER CAMP

### \$30 PER DAY/ \$125 PER WEEK

INCLUDES MEALS AND FIELD TRIPS

**\*MUST ENROLL BY 3/30/2015  
TO LOCK IN THIS SPECIAL RATE**



Tasty Rainbow

This activity could either be a tasty snack or a colorful craft.

You will need:

- white paper plates or paper
- Fruit Loops cereal
- mini marshmallows
- Glue (if done as a craft)

1. Poor a bunch of Fruit Loops out on a plate and give each child an empty paper plate.
2. Sort the cereal in piles by color. For older children, call out a color and a number and have your child pick that many Fruit Loops of the color for example "Find 15 red Fruit Loops"
3. Once your child has all the colors, have them arrange in a rainbow shape on the plate or paper. (Glue the cereal down for the craft)
4. Add marshmallow clouds.
5. Enjoy your treat or check out your colorful rainbow.

## *This Month's Curriculum Themes*

The March monthly curriculum theme is Farming and Farm Animals. Each week, the teachers will focus on a different topic pertaining to the month's theme. This month children will learn about life on the farm, the job of a farmer, animals that live on a farm and how to care for farm animals. They will also learn how farming and farm animals affect their daily lives.

The children will be introduced to new vocabulary words such as agriculture, harvest, pasture and tractor. They will play games, read stories and sing songs to help them learn more information about the theme.

Color of the month: Red  
Shape of the month: Triangle  
Letters of the month: E and F  
Numbers of the month: 5 and 6

Please review the monthly center activity calendar. We have a number of special events and activities this month

### Cooking with Kids



## Nutella and Raspberry Sandwiches

### Ingredients

8 slices white bread  
1/2 cup Nutella  
2 6-ounce packages fresh raspberries

### Directions

1. Spread 4 slices of bread with the Nutella.
2. Top with the raspberries and sandwich with the remaining slices of bread. Cut each sandwich into 4 pieces.

## Daily Parenting Tip

Parenting Magazine

### 14 Tips to Get Kids to Open Up and Talk More About What's Going On in Their Lives

1. **Wait at least a half an hour.** Kids are generally drained and strained the moment they walk in door. So wait at least 30 minutes to start talking about school.
2. **Don't turn questions into a third degree.** What would make you want to open up and tell her all those details? The same rules apply to kids. Big kid turn offs: pushing, prodding, demanding, coaxing, lecturing and threatening.
3. **Look interested.** Think of how your best friend asks you about your day. Use her example.
4. **Ask questions that require more than yes or no.** So pose questions that require your child to respond with more than just yes, no, nope, sure, nothing, fine.
5. **Don't use the same questions.** A big kid turn off is hearing your same old predictable: "How was your day?" query. So be creative. Churn up those questions so your kid knows you are interested!
6. **Stop and listen.** The nanosecond your child utters ANYTHING related to school, stop and give your full presence.
7. **Stretch conversation with "invitation openers."** Don't push or prod but instead use these type of comments: "Really?" "Uh huh?" "I don't believe it!" "Wow!" They're not threatening and invite a talker to open up.
8. **Repeat talk portions.** The trick is to repeat the tidbit in a matter-of-fact but interested way to get your child to open up and add more.
9. **Make your house kid-friendly.** Many parents swear they find out more about school from their kids' friends than from their own child. So invite your child's friends over.
10. **Get on the school website.** Find out what's going on in your kid's school world: read the teacher newsletters, click onto the school calendar, read the school activities schedule and menu. You can then ask specific questions about your kid's day.
11. **Go into your kid's time zone.** Find out when and where your kids are most comfortable talking and use to get the conversation rolling .
12. **Sit side to side.** Try sitting side to side instead of face to face (which is less threatening).
13. **Talk while doing.** Some kids (especially boys) are more likely to open up while doing something they enjoy like shooting baskets, etc.
14. **Put yourself into the mix.** Describe your experiences using a natural conversational tone and your child may begin to open up about theirs.

## Inspirational quote.....

"We cannot always build the future for our youth, but we can build our youth for the future."

— Franklin D. Roosevelt, *Great Speeches*