



# Victor Pacini's



## Delicately Raising Awareness About Sexual Abuse and Giving Children a Voice to Speak Up!

### Curriculum Roadmap (5th-6th Grade)

"It was an EXCELLENT program! Victor was energetic, humorous (when needed), and very passionate about the material. I believe that the students definitely got quite a bit out of the material that was covered in the presentation. Thank you!"

Teacher, Deerfield, IL

#### OVERALL GOAL OF THIS PROGRAM

To create a safe and engaging environment where children will learn about the dangers of abuse as an ultimate form of bullying.

A personal story of a boy's experience with abuse and how he kept it an UNSAFE secret. The discussion of how unsafe secrets are not healthy to keep. To empower children to have a voice in who they are, the confidence to speak up, and the awareness to recognize a potential dangerous situation.

There are additional resources for the teachers and parents at [www.victorpacini.com/bsh-teacher-tools](http://www.victorpacini.com/bsh-teacher-tools)

#### BE SEEN AND HEARD (5th-6th Grade) COVERS:

- Making the connection between abuse and bullying. The term sexual abuse is used and defined.
- Victor reads his book, **Be Seen and Heard** (Download a complimentary PDF copy of the book at [www.victorpacini.com/bsh](http://www.victorpacini.com/bsh))



Questions?

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[www.VictorPacini.com](http://www.VictorPacini.com)

[www.VictimtoVictor.org](http://www.VictimtoVictor.org)

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- Victor discloses that the boy in the book is actually him when he was 8 years old.
- Discusses the importance of Safe and Unsafe Secrets
- Reinforces that the voice is an important safety tool
- Identifying Trusted Heroes and their importance
- Discuss how you tell your trusted hero that abuse has occurred
- Victor asks the audience, "What is the lesson you received from this presentation?"
- Reinforce the 4 rules of body safety



## THE BODY SAFETY PLAN (THE 4 RULES)

1. If anyone tries to touch you in a way that makes you feel strange or uncomfortable, say, NO! GO TELL someone you know.
2. If someone tells you that their touches are a secret, say, NO! GO TELL someone you know. Your VOICE is a powerful tool. Don't be afraid to use it.
3. Don't let the person tell you that you are a bad child if you don't touch them or look at their private body parts. Say, NO! GO TELL someone you know.
4. If someone has touched your private body parts tell someone you trust. Keep telling them until they believe you.

Victor interacts with audience members by asking questions that identify negative emotions one feels when abuse occurs.

Having students hear a survivor's story and learn that despite any adversity, one can rise up and live a successful life.

## SUGGESTED TOOL FOR THIS PROGRAM

***Be Seen and Heard: LittleBoy's Secret and 4 Rules You Must Know to Keep You and Your Body Safe***



Questions?

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**www.VictorPacini.com**

**"Amazing! So fortunate to have you come speak to the scholars."**

**Teacher - Glenview, IL**

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## Follow Up Questions

1. What's the difference between a safe secret and an unsafe secret?
2. Expand on the "Trusted Hero" lesson. Go around the room and ask each student to identify this important person.
3. Please reinforce that children have an opportunity to become a trusted hero to someone else. Why is that important?
4. Please reinforce that even though the majority of children will never be abused, there are important lessons one can learn from watching the Be Seen & Heard program. Discuss...
5. Why do you think Littleboy kept the secret for so long? Help them understand that he was scared and felt alone.
6. When you learned that Littleboy's story was actually about Victor, how did it make you feel?
7. Go over the 4 Rules. Hang them up in your room.  
PDF found at [www.VictorPacini.com/bsh-teacher-tools](http://www.VictorPacini.com/bsh-teacher-tools) or on the online course website.