



Victor Pacini's



Delicately Raising Awareness About Sexual Abuse and Giving Children a Voice to Speak Up!

Curriculum Roadmap (7th-8th Grade)

"It was an EXCELLENT program! Victor was energetic, humorous (when needed), and very passionate about the material. I believe that the students definitely got quite a bit out of the material that was covered in the presentation. Thank you!"

Teacher, Deerfield, IL

OVERALL GOAL OF THIS PROGRAM

To create a safe and engaging environment where students will learn about the dangers of abuse as an ultimate form of bullying.

A personal story of a boy's experience with abuse and how he kept it an UNSAFE secret. To empower students to have a voice in who they are, the confidence to speak up, and the awareness to recognize a potential dangerous situation.

There are additional resources for the teachers and parents at www.victorpacini.com/bsh-teacher-tools

BE SEEN AND HEARD (7th-8th Grade) COVERS:

- Making the connection between abuse and bullying. The term sexual abuse is used and defined.
- Victor plays a video that shows examples of different types of abuse, i.e., domestic violence and parent alcoholism. Since most children have never been sexually abused, this video reinforces that pain from any type of abuse should never be kept as an unsafe secret.



Questions?

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www.VictorPacini.com

www.VictimtoVictor.org

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- Victor reads his book, **Be Seen and Heard** as a tool to **reinforce the messages of this program.**
(Download a complimentary PDF copy of the book at www.victorpacini.com/bsh)
- Victor discloses that the boy in the book is actually him when he was 8 years old.
- Reinforces that the voice is an important safety tool
- Identifying Trusted Heroes and their importance
- Discuss how you tell your trusted hero that abuse has occurred
- Victor asks the audience, "What is the lesson you received from this presentation?"
- The understanding that anyone may be a trusted hero to a friend. Educating the students about sexual abuse will make it easier to take on a "Trusted Hero" role in the event someone discloses.
- Helping the student(s) that are sitting in the audience that have been sexually abused understand that they are NOT alone and DO NOT have to live with fear and embarrassment.
- Reinforce the 4 rules of body safety

THE BODY SAFETY PLAN (THE 4 RULES)

1. If anyone tries to touch you in a way that makes you feel strange or uncomfortable, say, NO! GO TELL someone you know.
2. If someone tells you that their touches are a secret, say, NO! GO TELL someone you know. Your VOICE is a powerful tool. Don't be afraid to use it.
3. Don't let the person tell you that you are a bad child if you don't touch them or look at their private body parts. Say, NO! GO TELL someone you know.
4. If someone has touched your private body parts tell someone you trust. Keep telling them until they believe you.



Victor interacts with audience members by asking questions that identify negative emotions one feels when abuse occurs.

Having students hear a survivor's story and learn that despite any adversity, one can rise up and live a successful life.

SUGGESTED TOOL FOR THIS PROGRAM

Be Seen and Heard: LittleBoy's Secret and 4 Rules You Must Know to Keep You and Your Body Safe



"Amazing! So fortunate to have you come speak to the scholars."

Teacher - Glenview, IL

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Follow Up Questions

1. Talk about what they just experienced. How do they feel about what they just learned?
2. Expand on the "Trusted Hero" lesson. Go around the room and ask each student to identify this important person.
3. Please reinforce that students have an opportunity to become a trusted hero to someone else. Why is that important?
4. Make sure the students understand the concept that, "If someone has been abused, it's never that person's fault."
5. Talk more about the importance of setting boundaries.
6. Reinforce how dangerous it is to keep an unsafe secret like abuse or bullying.
7. Go over the 4 Rules. Hang them up in your room.
PDF found at www.VictorPacini.com/bsh-teacher-tools or on the online course website.