



Cactus Preschool

Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
December 3-7					
Grain/ Bread	Ritz crackers	Flour Tortillas	Grahams	Pretzels/cereal /crackers	Saltines
Fruit/Veggie	Orange slices		Apple Sauce	Apple Juice	
Milk		Cheese			Sliced Cheese/Water
	Water	Water	Water	Water	Water
December 10-14					
Grain/ Bread	Wheat Thins	Whole wheat bread slice	Animal Crackers	Wheat Bread Sticks	Ritz Crackers
Fruit/Veggie	Pineapple	Carrots/ Cucumbers	Bananas	Pizza Sauce	Apple Slices
Milk		Fat Free Sour cream dip		Cheese	
	Water	Water	Water	Water	Water
December 17-21					
Grain/ Bread	Goldfish	Pretzels/cereal/ crackers	Wheat tortilla chips	Toast	Triscuit Crackers
Fruit/Veggie	Sliced Cucumbers		Black Bean Salsa	Bananas	Green Apples
Milk		String cheese			
	Water	Water	Water	Water	Water
December 24-28					
Christmas Eve					
Grain/ Bread	Fruit Muffins		Grahams	Ritz Crackers	Wheat /Cheese Sandwich
Fruit/Veggie	Pears			Apple Juice	Cheese
Milk	Water		Milk		
	Water		Water	Water	Water
December 31-Jan 4					
New Year's Eve					
Grain/Bread	Goldfish		Pretzel Rods	Graham Crackers	Wheat bread slice
Fruit/Veggie	Carrots/ Cucumbers			Apple sauce	Mixed berries
Milk	Fat Free dip				
	Water		Water	Water	water

Water is offered with all meals
 All juices served are 100% fruit juice
 Fruit Cocktail consists of cherries, pears, peaches and grapes
 HM stands for Home Made

This institution is an equal opportunity provider and employer