



### Cancer Prevention

Virginia Homes is rethinking the building process, creating healthier homes and making a difference in the fight against cancer with the Home for Hope.

Working in partnership with Dr. Steven Clinton, MD, PhD, of The Ohio State University Comprehensive Cancer Center – Arthur G. James Cancer Hospital and Richard J. Solove Research Institute (OSUCCC-James), the Home for Hope was designed with custom-built healthy living and lifestyle features throughout the home, with an eye on reducing the risk or recurrence of cancer.

The floor plans show how the Home For Hope is Virginia Homes healthiest home ever!



- 1. Kitchen & Pantry** - Designed in cooperation with OSUCCC-James Executive Chef Renee Bean, the Home for Hope's kitchen includes state-of-the-art appliances, thoughtfully designed counter space and plenty of storage to create a cooking environment that promotes whole food preparation. Inviting and easy to navigate, the Home for Hope kitchen will help you incorporate healthy eating into the family diet.  
TIP: Eliminating processed foods is one of the best ways to prevent cancer.
- 2. Garden** - Featuring cancer preventing fruits and vegetables, the Home for Hope garden is located on the rear patio adjacent to the kitchen, making whole food and healthy eating as easy as reaching outside.
- 3. Home Gym** - Another essential step in cancer prevention is regular exercise. The 400 square foot home gym is located on the second floor next to the bedrooms and over the garage.
- 4. Clean Air System** - Used in hospitals to kill airborne bacteria and germs, the UVAIRx Clean Air System is the most advanced air purification system on the market. This powerful filtration system - also used on the International Space Station - has been independently proven to kill

up to 99% of germs in a environment after just 20 minutes of use. <http://www.uvairx.com>

5. **Low VOC Paint & Stain** - The Home for Hope boasts Sherwin Williams ProGreen 200 paint throughout the home. Greenguard Certified, low odor and low VOC (50g/l), ProGreen is designed to eliminate chemicals and odors during the building process, and is now the gold standard for Virginia Homes. [http://www.sherwin-williams.com/pro/products/progreen\\_200\\_low\\_voc\\_interior\\_latex/](http://www.sherwin-williams.com/pro/products/progreen_200_low_voc_interior_latex/)
6. **Bamboo Flooring** - Produced from environmentally sustainable materials, bamboo enhances indoor air quality, and improves the comfort and ambiance building. Home for Hope bamboo flooring does not contain any harmful or hazardous chemicals, and its dense surface give allergens and other irritants no place to hide, making bamboo the healthy choice for a non-toxic, low allergen environment.
7. **Active Radon Removal System** - Radon gas, a byproduct of naturally occurring uranium decay in bedrock, is said to be the second-leading cause of lung-cancer deaths after smoking. An active radon mitigation system uses a fan to redirect radon gas from beneath the building venting the potentially harmful gas up and away. <http://www.epa.gov/radon/>.
8. **Insulation** - Owens Corning EcoTouch insulation fuses thermal and acoustical performance characteristics of Owens Corning PINK FIBERGLAS insulation with the innovative, new PureFiber Technology. The result is a new class of high-performance residential and commercial products with the highest certified percentage of recycled material in the fiberglass insulation industry. EcoTouch insulation has GREENGUARD Children & Schools Certification and is verified to be formaldehyde free. <http://insulation.owenscorning.ca/ecotouch/>
9. **Carpeting** - The Home for Hope features Mohawk Industries' [SmartStrand® with DuPont™ Sorona® renewably sourced polymer carpet](http://www.mohawkflooring.com/carpeting/smartstrand/default.aspx). SmartStrand, made partially from corn sugar, boasts a healthy 37 percent renewably sourced ingredients. Every seven yards of SmartStrand® with DuPont™ Sorona® polymer saves the energy equivalent of one gallon of gasoline. <http://www.mohawkflooring.com/carpeting/smartstrand/default.aspx>
10. **PipeBurst Pro** - Creating a stress free environment is also important to reducing the risk of cancer, this is where the Pipeburst Pro comes into play. Pipeburst Pro gives you the peace of mind that comes from knowing your home is protected, 24 hours a day - 7 days a week, against flooding, leaks or failures in the plumbing system. <http://www.pipeburstpro.com/index.php>

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