

WHAT ARE THE BENEFITS OF  
*Bio*identical Hormone  
Replacement Therapy?  
for *Men*

BHRT offers a number of health-related benefits:

- *Helps in the prevention of osteoporosis and restoration of bone strength*
- *Protection against heart disease and stroke*
- *Muscle mass and strength are better maintained*
- *Improvement in cholesterol levels*
- *Risk of depression reduced*
- *Improved libido*
- *Slowing of senility and Alzheimer's Disease*
- *Improved sleep*
- *Mood, concentration, and memory become better*
- *Far fewer unwanted effects than synthetic hormones*

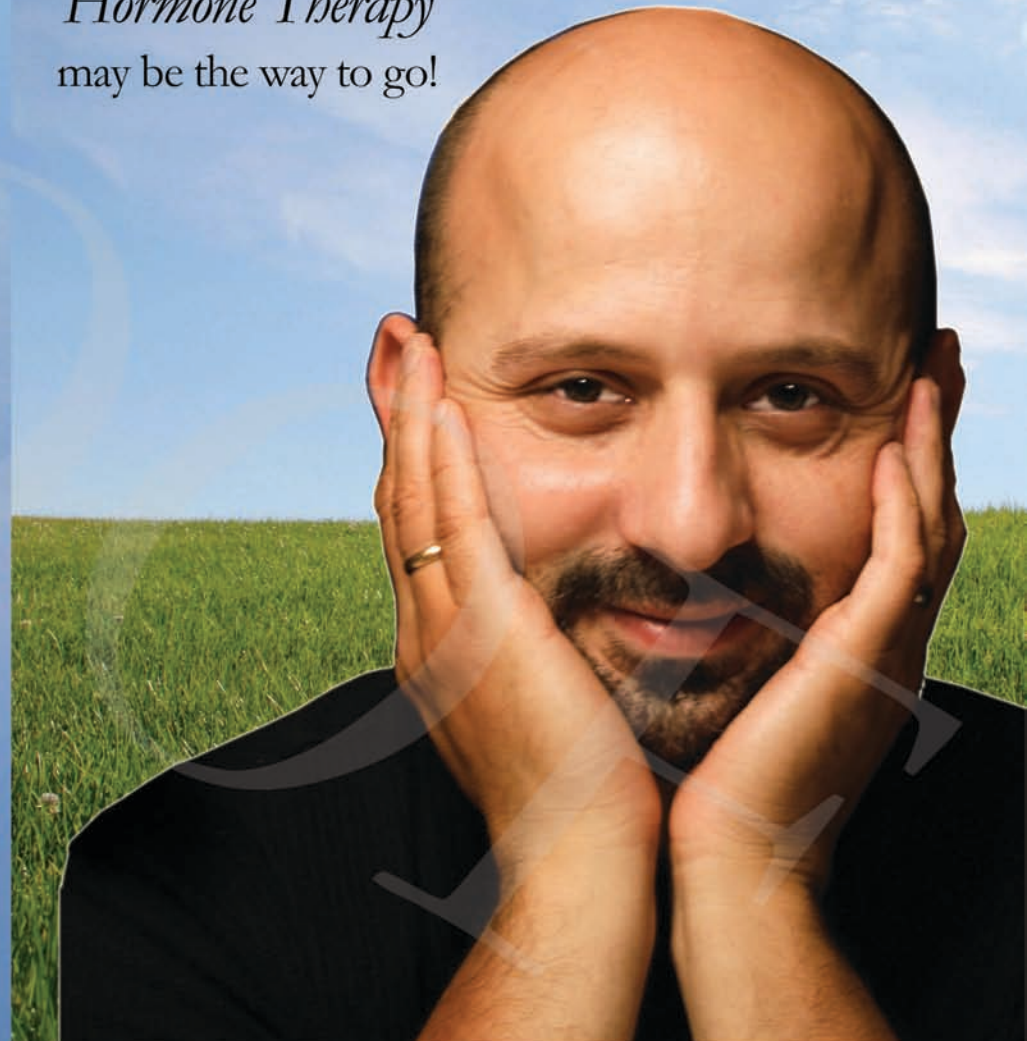
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Is Your *Sex Drive* in  
NEUTRAL?

All natural, pain free  
*Hormone Therapy*  
may be the way to go!



What men NEED to know about  
*Bio-Identical Hormones*

# Time is on Your Side!

WITH PELLET PALs BIO-IDENTICAL HORMONE REPLACEMENT THERAPY

If you are experiencing fatigue, unexplained weight gain or a diminished libido, then bio-identical hormone therapy may be the way to go! The key step is deciding which vehicle to use to deliver hormones to the body. Many physicians and their patients prefer Bio-identical Hormone therapy. Each patient has a very different lifestyle. Patient compliance is going to be the number one factor in determining how well the patient does on his or her replacement therapy.

Pellet implantation is the easiest vehicle due to the ease and duration of therapy. The patient goes to the doctor's office usually once every 4-6 months. Each pellet is small and is usually placed in the buttocks beneath the skin. The procedure takes only 5 minutes, using a local anesthetic. The body will use the pellets as its reservoir, thus drawing from the "hormone bank", as the body needs it. There are virtually no side effects. It normally takes the pellets one to two weeks to start working.

## What is Bio-identical Hormone Replacement Therapy?

Bio-identical Hormone Replacement Therapy (BHRT) is a prescription alternative to conventional hormone replacement therapy (pills, gels and patches). Bio-identical medications are plant-derived, and chemically changed in a laboratory until they are identical to what your body would naturally produce. BHRT is customizable; in other words, it can be adjusted to fit your needs, unlike conventional HRT, which has a few standard dosage strengths.

## What are the goals of BHRT?

- Alleviate symptoms caused by the natural decrease in hormone production in the body
- Reestablish the individual's hormonal balance
- Provide protective benefits that were originally provided by the body's naturally occurring hormones

## Men's Needs for Hormones-Testosterone Deficiency

Bio-identical Hormone Replacement therapy achieves the sustained levels of testosterone that would be produced by normally functioning testicles. This form of therapy is the only kind that produces the natural level of hormone that men need. Because the testosterone used is totally natural, it is ideal for men wanting the benefits of a bio-identical hormone, without the drawbacks of a synthetic hormone. Symptoms of testosterone deficiency in men include fatigue, lack of mental acuity, loss of libido, and difficulty achieving or sustaining erection.

## Why Bio-identical Hormone therapy for men?

Hormonal needs for men is receiving national attention, but there are few treatment options available. Hormonal treatments for men can be expensive, require daily consumption, and in many cases, need to be carefully timed with their partner's needs for normal sexual activities and pleasure.

Bio-identical hormone therapy administered by Dr. Wilson is the only method of testosterone therapy that gives sustained and consistent testosterone levels throughout the day, for 4 to 6 months, without any "roller coaster" blood levels of testosterone, which can result in mood and energy fluctuations for the patient. Dr. Wilson has had excellent results treating men with Bio-identical Hormone therapy. There have been no reported side effects in the history of this type of therapy. Current medical research now defines a male equivalent to menopause referred to as andropause. Men experience a more gradual decline in hormone levels. They lose approximately one percent of their testosterone and 2.5 percent of the DHEA per year beginning at age 30. Men find themselves lacking in sexual desire, gaining weight, losing muscle mass and feeling sluggish, depressed and irritable. Yet, they believe they must endure these body and hormonal changes as part of aging; they don't!

## Here's what some of our patients are saying about BHRT

-“As a male nearing fifty, I had always been active and athletic... I got tested and my hormones were low, I started Bio-medical Therapy. Now, I've got my life back and can keep up with the young guys again”. -T.W.

-“As a young woman with hormone imbalances, I was miserable. Pellet therapy has made a huge difference in my total well being. I would highly recommend this to anyone needing hormone therapy. Thank you Dr. Wilson”. -A.L.

-“The best money I ever spent. Everyone deserves this”. -T.M.

