

# Hormone Assessment Patient Information Sheet

Date \_\_\_\_\_ Patient's Name \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ zip \_\_\_\_\_

Doctors Name \_\_\_\_\_ Phone \_\_\_\_\_ FAX \_\_\_\_\_ Insurance # \_\_\_\_\_

**Please answer all the questions below**

Have you ever use steroids or hormone replacement Yes\_\_\_ No\_\_\_ what did you use(\_\_\_\_\_)

Are you treated for depression\_\_\_\_\_if so what are you taking\_\_\_\_\_

What is your Ht.\_\_\_\_\_ and Wt.\_\_\_\_\_ Do you drink alcohol\_\_\_\_\_ how much a day \_\_\_\_\_

How much caffeine do you drink? coffee\_\_\_\_\_tea\_\_\_\_\_ coke\_\_\_\_\_ a day. Water\_\_\_\_\_

Do you smoke\_\_\_\_\_ how many packs a day \_\_\_\_\_. Do you have children? Yes\_\_\_ No \_\_\_

What medication are you taking: \_\_\_\_\_

What vitamin supplements are you taking? \_\_\_\_\_

How many days do you exercise a week? 1-2-3-4-5-6-7 what do you do \_\_\_\_\_

Is there a family history of any cancer and who?

Prostate Cancer \_\_\_\_\_ Who \_\_\_\_\_

Colon Cancer \_\_\_\_\_ Who \_\_\_\_\_

Breast Cancer \_\_\_\_\_ Who \_\_\_\_\_

Osteoporosis \_\_\_\_\_ Who \_\_\_\_\_

Heart Disease \_\_\_\_\_ Who \_\_\_\_\_

High blood pressure \_\_\_\_\_ Who \_\_\_\_\_

**Have you experienced any of the following symptoms recently?**

Symptoms	Yes	No	Symptoms	Yes	No
<b>Sleep disruption</b>			<b>Fatigue</b>		
<b>Short Term Memory loss</b>			<b>Weight gain</b>		
<b>Depression</b>			<b>Decreased Energy</b>		
<b>Irritability</b>			<b>Loss of drive</b>		
<b>Erectile dysfunction</b>			<b>Prostate problems</b>		
<b>Easy to lose erection</b>			<b>Back pain</b>		
<b>Premature ejaculation</b>			<b>Regular stools</b>		
<b>Decrease sex drive</b>			<b>Frequent urination</b>		
<b>Joint Pain</b>			<b>Hair loss</b>		
<b>Arthritis</b>			<b>Loss of muscle mass</b>		

Do you have any questions for me or comments you would like to share?

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