

CONGRATULATIONS!

YOU ARE
“CLEAR”

WHAT DOES
THAT MEAN?



To find a TIC Chiropractor, please visit
our website at www.ticchiro.com.

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**Remember we are NOT adjusting you so that you
FEEL better; we are adjusting you so that your
body works and FUNCTIONS better.**



YOU ARE CLEAR!

Understanding what it means to be CLEAR.

1

As your nervous system starts working better, your body will start to get better at fixing things by itself. At some point, you will come into our office and your body will still be working at fixing, repairing, and holding joints in their correct position. When this happens, we call it a “CLEAR” visit.

2

This does not mean that your body is completely better or that all your symptoms are necessarily gone. It simply means that for the moment your body is saying, “I don’t need any help right now, I am working at making changes by myself, you can check in on me later.”

3

HOW DOES A CLEAR VISIT AFFECT MY CHIROPRACTIC CARE?

a) If you were coming in three times per week, keep your remaining visits for the week. Next week book two appointments.

b) If you were being adjusted twice per week and you come in “CLEAR,” keep your remaining visits this week and next week you only need one appointment.

c) If you were being adjusted once per week, we will see you next week and you can then make one appointment every two weeks.

4

RECOMMENDED CHIROPRACTIC CARE SCHEDULE:

☐ 3X/WK

☐ 1X/2WKS

☐ 2X/WK

☐ OTHER

☐ 1X/WK
