

GETTING STARTED...

A guide to help you navigate the beginning of your T.I.C. Chiropractic Care.

1

CARE FREQUENCY

Your care will begin at 3x/week. After your first CLEAR visit, as determined by your chiropractor, your frequency will reduce to 2x/week.

2

FLEXIBLE BOOKING SYSTEM

When you book an appointment, we ask that you choose the day and time block that suits you best. Instead of arriving at a specific time for your appointment, you can sign in at any time within your chosen time block and you will be seen on a first come, first served basis.

3

CANCELLATION POLICY

If you are unable to make your appointment, please contact our office before the end of your scheduled time block to avoid missed appointment fees.

4

COMMUNICATION

Your chiropractor wants to focus on providing the best service possible during adjusting hours. If you have specific questions or concerns, please speak to a team member so that we can seek out the information you require and follow up with the chiropractor as necessary. The chiropractor or team member will then be in touch in a timely manner.

5

ATTENDANCE

When called to your table, please proceed immediately to the adjusting area. Once you are seated, please remove your hat, glasses, earrings and jacket and refrain from taking phone calls. Healing takes time and repetition. Following the recommended care plan is your best way to achieve optimal health.

6

EDUCATION

Please take the time to read the brochures and reports distributed throughout the office. Information is provided to help you learn about the benefit of chiropractic, beyond managing pain toward the goal of a healthy spine.

**THANK YOU FOR TRUSTING US
WITH YOUR CHIROPRACTIC CARE**

To find a TIC Chiropractor, please visit our website at www.ticchiro.com.

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