



# THRIVE MARTIAL ARTS

Conveniently located next to King Soopers on Main Street  
 1540 Main St #206 Windsor, CO 80550  
 970-674-0321 [www.ThriveATA.com](http://www.ThriveATA.com)



## 2019 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Beginner Tigers 4:00 - 4:30 PM ----- Advanced Tigers 4:00 - 4:40 PM		Beginner Tigers 4:00 - 4:30 PM ----- Advanced Tigers 4:00 - 4:40 PM		
White, Orange, & Yellow Belts 4:40 - 5:20 PM	Black Belts 4:40 - 5:20 PM	White, Orange, & Yellow Belts 4:40 - 5:20 PM	Blue - Red Belts 4:20 - 5:00 PM ----- Camo - Purple Belts 4:40 - 5:20 PM	Beginner Sparring (Drills & Concepts) 4:30 - 5:00 PM
Camo - Purple Belts 5:20 - 6:00 PM	Beginner Tigers 5:20 - 5:50 PM ----- Advanced Tigers 5:20 - 6:00 PM	Camo - Purple Belts 5:20 - 6:00 PM ----- Blue - Red Belts 5:40 - 6:20 PM	Beginner Tigers 5:20 - 5:50 PM ----- Advanced Tigers 5:20 - 6:00 PM	XMA 5:00 - 5:30 PM ----- Demo Team 5:00 - 5:50PM
Black Belt Prep Class (Red - Red/Black Belts) 6:00 - 6:30 PM	White, Orange, & Yellow Belts 6:00 - 6:40 PM	Leadership 6:20 - 6:50 PM	White, Orange, & Yellow Belts 6:00 - 6:40 PM	Leadership 5:50 - 6:20 PM
Blue - Red Belts 6:30 - 7:10 PM	Camo - Purple Belts 6:40 - 7:20 PM ----- Blue - Red Belts 7:00 - 7:40 PM	Black Belts 6:50 - 7:20 PM	1st Degree Black Belts 6:40 - 7:20 PM ----- 2nd Degree & Above 7:10 - 7:50 PM	Advanced Sparring 6:20 - 6:50 PM
Black Belts 7:10 - 7:50 PM ----- Adults 7:30 - 8:10PM	Adults 7:40 - 8:20 PM	Adult & Black Belt Sparring 7:20 - 8:00 PM	Adults 7:50 - 8:30 PM	
Legacy Training 8:10 PM	Adult Sparring 8:20 - 8:40 PM	Adults 8:00 - 8:40 PM		

### Please Note:

- ◆ Advanced Tigers are Tiger yellow belts and above WITH sparring gear
- ◆ Students may wear Thrive T-Shirts and Thrive Pants on Wednesday's and Friday's
- ◆ Please keep an eye on our Facebook page for updates and announcements