

THRIVE MARTIAL ARTS

Conveniently located near Shields & Drake in the Raintree Shopping Center

2561 S. Shields #3E Fort Collins, CO 80526

970-282-3737 www.ThriveATA.com

Schedule starts Monday, August 21st



| Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|
| Adult Class 11:00 - 12:00 PM | | Adult Class 11:00 - 12:00 PM | | |
| Blue – Red/Black 4:10 - 4:50 PM | Tigers All 4:00 - 4:30 PM | Camo - Purple Belts 4:10 - 4:50 PM | Tigers All 4:00 - 4:30 PM | Tigers All 9:00 - 9:30 AM |
| Tigers - Advanced 4:50 - 5:20 PM | White - Yellow Belts 4:30 - 5:10 PM | Tigers – Beginner 4:50 - 5:20 PM | White - Yellow Belts 4:30 - 5:10 PM | Technique Class 9:30 - 10:00 AM |
| Tigers – Beginner 5:20 - 5:50 PM | Camo - Purple Belts 5:10 - 5:50 PM | Tigers - Advanced 5:20 - 5:50 PM | Camo – Red/Black 5:10 - 5:50 PM | White - Purple Belts 10:00 - 10:30 AM |
| Camo - Purple Belts 5:50 - 6:30 PM | Kid's Sparring 5:50 - 6:20 PM | Blue – Red/Black 5:50 - 6:30 PM | Leadership Training 5:50 - 6:20 PM | Leadership Training 10:30 - 11:00 AM |
| White - Yellow Belts 6:30 - 7:10 PM | Blue – Red/Black 6:20 - 7:00 PM | White - Yellow Belts 6:30 - 7:10 PM | Legacy Training 6:20 - 6:50 PM | Blue - Black Belts 11:00 - 11:30 AM |
| Black Belts 7:10 - 7:50 PM | Adults & Black Belts 7:00 - 7:40 PM | Black Belts 7:10 - 7:50 PM | 1st Degree Black Belts 6:50 - 7:30 PM | Sparring 11:30 - 12:00 PM |
| Adults 7:50 - 8:30 PM | Adult Sparring 7:40 - 8:20 PM | Adults 7:50 - 8:30 PM | 2nd Degree & Above Black Belts 7:10 - 7:50 PM | HIIT 12:00 PM |

Please Note:

- Friday & Saturday classes are ALL ages
- Please keep an eye on our Facebook page for updates and announcements.

Want More?

Private lessons available upon request.
Ask your favorite instructor for rates
and availability.