# MEDITATION & MINDFULNESS MINI'S

Saturday Nov. 3rd 10:00am-5:00pm

ANGEL CARD READING 30 minutes in a private room. \$25

# **MANTRA MEDITATION**

30 minutes of 1 on 1 guided meditaion in a private room. \$30

## REIK

30 minutes in a private room. \$25

### **Want More?**

- > Add 15 min Foot Detox \$10
- Add 30 mins of Salt Therapy \$20

### THE SALT EXPERIENCE

13500 PEARL RD. STE 131 STRONGSVILLE 440-271-1199



Event: Meditation & Mindfulness Mini's

Date: Saturday, November 3<sup>rd</sup> Time: 10:00am- 5:00pm

**Cost: Varies** 

Choose from 30 minutes of Reiki, Angel Card Reading,

or Mantra Meditation.

You can add Salt Therapy or Foot Detox to soothe your

feet and help with respiratory healing as well.

