

October 18th 2018

Meditation & Mindfulness

Instructor: Sarah Auger

TICKETS \$20 | STARTS AT 6PM

1 hour of Guided Mantra Meditation with Salt Therapy for respiratory healing.

The Salt Experience 13500 Pearl Rd. Ste 131 Strongsville 440-271-1199



Event: Meditation & Mindfulness Date: Thursday, October 18th

Time: 6:00pm- 7:00pm

Cost: \$20

Enjoy 1 hour of Mantra Meditation and Salt Therapy.

