



Peak Performance for Parents and Students:

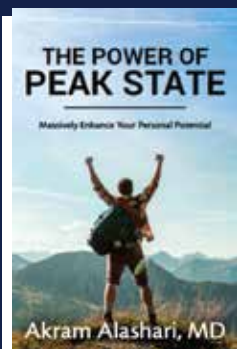
How to unleash your inner
genius, crush the competition,
and land your dream job

AKRAM ALASHARI, M.D.

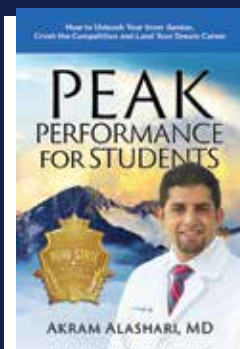
Dr. Akram Alashari, The Peak Performance Doctor, is the youngest double board-certified surgeon in the U.S. He achieved a score on the U.S. Medical Licensing Examination that was literally off the chart.

Dr. Alashari is also an author, industry leader and sought-after speaker on peak performance. He has devoted his life to helping people reach their full potential, and has been featured in several radio show interviews, blogs, podcasts, newspapers and magazines.

The author of *The Power of Peak State* and *Peak Performance for Students*, Dr. Alashari is launching a new program called Peak Performance for Parents: How to Get Your Child to Achieve Straight As. When he's not in the operating room, you can find him giving speeches, seminars and workshops, or spending time with his family.



The Power of Peak State:
Massively Enhance Your
Personal Potential



Peak Performance for Students:
How to Unleash Your Inner
Genius, Crush the Competition and
Land Your Dream Career.

STORY IDEAS

- **Peak performance for parents:**
How to raise an A student and academic leader
- **Trauma is the leading cause of death from age 1 - 44**
How to avoid ending up on my operating table
- **Don't lose that scholarship!**
Peak academic performance strategies for student athletes
- **3 time management techniques to help your teen excel at school**
- **Your prescription for success:**
Peak performance techniques for reaching and exceeding your goals
- **From distracted driving to car surfing:**
A trauma surgeon's guide to keeping your teens safe on the road
- **The Power of the Peak State:**
Learn the skills, training and mindset to reach your full potential

CONTACT

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