

BEFORE AND AFTER TREATMENT INSTRUCTIONS
PLEASE NOTE: It is very important to follow these instructions carefully!

BEFORE THE TREATMENT

Things to remember prior to your enhancement:

- Since delicate skin or sensitive areas may be swollen or red, you are advised not to make social plans that require wearing face make up of any sort, on the day of your enhancement.
- Limit your intake of any aspirin or Ibuprofen (2) days prior to and after your enhancement, this causes blood to thin and for to bleed easier upon application.
- Because pigments used in Permanent Cosmetic Procedures contain inert oxides, a low level magnet may be required if you have to go for an MRI. You must inform of your MRI Tech of any tattoos or microblading.
- Do not discontinue any medication before consulting your doctor.
- Keep alcohol intake to a minimum 2 days prior to and after your enhancement.
- Do not use Retin A skincare products close to the enhancement area 1 month prior to and after your procedure.
- Do not use AHA skincare products close to the enhancement area 2 weeks prior to and after your procedure.
- The National Blood Service does not accept donations of blood for 1 year after a permanent cosmetic enhancement.

EYEBROW ENHANCEMENT

- Waxing treatments should be performed no less than 3 days prior to your enhancement.
- IPL laser hair removal should be performed no less than 2 weeks prior to your enhancement.
- Electrolysis treatments should be performed no less than 5 days prior to your enhancement.
- Eyebrow tinting should not be undertaken for 2 weeks after your enhancement.

AFTERCARE INSTRUCTION

Color retention and proper healing can depend on your home care regimen

A light coat of Recover-All will be applied to pigment to enhance the healing process. Continue to apply it several times a day with a disposable Q-tip.

It is **IMPORTANT** to keep the enhanced area moisten with oils for the next 7-10 days, to ensure the best results. This treatment will control the enhanced areas from drying out and cracking and will also help with color retention.

Eyebrows will require continued moisturizing for up to 4-6 weeks.

TO AVOID SWELLING

A gel ice pack can be applied to the area. Place the ice pack in a plastic baggie to avoid moisture on the enhanced area. Apply as needed a few minutes on then off.

AVOID the following for the next 9 days following microblading

- Any type of skin peels or products containing Retin-A and glycolic over the enhanced area.
- Any makeup over the enhanced area.
- Hot steamy showers or long baths that make you sweat.
- Soap, shower gels, cream or lotions on the enhanced area.
- No underwater activities, saunas or hot tubs for 10-14 days after the procedure.
- Sun or salon tanning.
- Driving in an open air vehicles such as convertibles, boats, and bikes.
- Practicing sports.
- Smoking.
- Spicy foods.

DO NOT !!! Pick, peel, or scratch. This could cause scarring and/or removal of color. Do not touch the area except for applying Recover-All oil treatment.

NOTE

Color will appear very intense and dark immediately (first 48 hours) after your procedure. The color is sitting on top of the skin. Once the skin absorbs all the ink the enhanced areas will mildly flake, and the color will fade considerably as it heals beneath the skin having a softer and more natural finished affect.

The final color should not be considered for approximately 2-4 weeks after your final visit. Do not be alarmed if it appears that most of the color is flaking off. Some of this cracking will appear on your Q-tip- this is normal. This is the superficial color and is part of the natural healing process.

The sun can cause fading to the enhanced area. Always wear a light coat of sun block on pigmented areas.

****Disclaimer****

Any Permanent/ Semi-permanent make up is a form of cosmetic tattooing where pigment is placed in the dermal/epidermal layer of the tissue. Retention of the pigment is out of our control, as it is determined by the patient's skin type, how well they follow after-care procedures, as well as their immune system, therefore no specific result can be 100% guaranteed.

If you suspect any signs of infection (including abnormal redness, swelling, etc) contact your doctor immediately.