

SARAH: 8:00-Bottle 6-8oz.
11/11:30-Bottle 6-8oz.
2:30/3:00-Bottle 6-8oz.

****Naps about every 2 hours. But parents want to begin lengthening the time between naps and increasing the amount of time that she naps.**

ROBBIE: 8:00/8:30am-Breakfast
9:30/10:00am-Nap
After nap-Bottle
12:00/12:30pm-Lunch
2:30/3:00pm-Nap
4:00pm-Snack

JON: Breast milk bottle every 3 hours

BRYCE: 8:00am-Breakfast
8:30-Bottle 6 oz.
11:30am/12:00pm-Lunch and 6oz. bottle
3:00pm Bottle 6oz.

MICHAEL: 8:00am- Breakfast with 4oz. bottle
11:30am- Lunch with 4oz. bottle
3:00pm- Snack with 4oz. bottle

MAURA: Eats approximately every 4 hours. Usually around:
9:00am/10:00am-Usually naps
10:30am- Bottle
1:00pm/2:00pm-Usually naps
2:30pm- Bottle

CHARLOTTE:
7:00am-breakfast, oatmeal and fruit, remainder of bottle
From when she woke up.
8:00am/9:00am-Nap
9:00am/11:00am-Playtime
11:00am-Lunch, yogurt, fruit/veggies, crackers, 6oz bottle
1:00pm/3:00pm-Nap
3:00pm-Snack, water, crackers, fruit, or leftover Bottle

ELLIE and SABRINA. (Twins same schedule)

9:00am-Nap
10:30/11:00-Bottle 6-7oz mixed with 1tbsp cereal
**Ava gets oatmeal cereal
**Charlotte gets rice cereal
1:00/1:30-Nap (optional)
2:30/3:00-Bottle 6-7oz
3:30/4:00-Nap (optional)

Approximate Daily Schedule for all students

Changes to an individual child's schedule should be written on their individual daily sheet and/or the communication log.

8:00/8:30am

Michael- solid food and 4oz bottle
Bryce-solid food and 6oz bottle
Robbie-solid food
Sarah-6-8oz bottle

9:00/9:30am

Maura-nap
Charlotte -nap
Ellie-nap
Sabrina-nap

10:00/10:30am

Robbie-nap
****He gets bottle when he wakes up.**
Maura-Bottle
Sabrina Bottle 6-7oz with 1tbsp of rice cereal
Ellie-Bottle 6-7oz with 1 tbsp of oatmeal cereal

11:00/11:30am

Bryce-solid food and 6oz. bottle
Michael- solid food and 4oz. bottle
Sabrina-solid food and 6oz bottle
Sarah- 6-8oz bottle

11:30am/12:00pm

Robbie-solid food

12:30/1:00pm

1:00/2:00pm

Maura-Nap
Charlotte -Nap maybe
Ellie Nap maybe
Sabrina-Nap

2:30/3:00pm

Michael- solid food and 4oz. bottle
Bryce-6oz. Bottle
Maura-Bottle
Elliesolid food and water/leftover bottle
Sarah-6-8oz Bottle
Sabrina- 6-7oz Bottle
Ellie-6-7oz Bottle

3:30/4:00pm

Robbie-solid food
Ellie and Sabrina-Nap maybe