

TEKOA

Education

OUR CURRICULUM AT A GLANCE

LEVEL 1 - Basic Certification

Safe Serve Certification
First Aid and CPR Certification
Tekoa Patient Care Certification

LEVEL 2 – Bible & Health Foundational Instruction

Bachelors of Science in Original Medicine
Tekoa Certified Bible Instructor
Tekoa Certified Lifestyle Consultant
Acquire a Trade

LEVEL 3 – Mastery Level

Masters of Science in Original Medicine
Trade Mastery
Tekoa Certified Strategic Evangelist
Tekoa Certified Gospel Medical Missionary Evangelist

LEVEL 4 – Doctorate & Expert Leadership Level

Doctor of Naturopathy in Original Medicine
Fitness Coach Certification
Depression the Way Out Certification
Chip Certification
Tekoa Missions Certificate in Expert Leadership

A Three Year Model – Our Objectives – Excellence & Mastery

LEVEL 1 - Basic Certification

- ✓ *Foundations of True Success*
- ✓ *Patient Care Training Certification*
- ✓ *Safe Serve Certification (Food and Kitchen Prep.)*
- ✓ *First Aid and CPR Certification*
- ✓ *2 Trade Skills Acquired*
 - Building/Carpentry
 - Woodworking
 - Landscaping
 - Plumbing
 - Agricultural Work
 - Sewing
 - Cooking
 - Media

LEVEL 2 – Bible & Health Foundational Instruction

- ✓ *Tekoa Certified Bible Instructor*

LEVEL 2 – Bible and Business Classes

- Sanctuary
- How to Study the Bible
- Sacred Music
- Daniel
- The Gift of Prophecy
- The Science of Prayer
- Christian Sales (Rejuvenation Intensive)
Health & Literature Evangelism Combined
- Preaching 101

LEVEL 2 - Practical Field Work for Bible Instructor +600 hrs.

- Participate in the organization and operation of one Evangelistic Series
- Participate in the preparation and giving of a 15 bible studies
- Participate in the preparation and giving of 2 class lectures or weekend meetings on sacred topics
- Participate in door to door work

- ✓ *B.A. Science in Original Medicine qualifying the student to be a Tekoa Certified Health & Lifestyle Consultant*

LEVEL 2 - Health Classes

- Concepts of Original Medicine
- Counsels on Diet and Foods
- Ministry of Health and Healing
- Home Remedies and Hydrotherapy
- Basic Principles of Total Health and the Hierarchy of Nutrients
- Scientific Basis for Nutrition
- Health and Wellness
- Current Events in Nutrition and Diet
- Facilitating Dietary Changes
- Enzymes
- Introduction to Conventional Nutrition
- Herbs of the Bible
- Defeating Cancer Naturally
- Becoming an Active Thinker
- Introduction to Medical Language
- Anatomy and Physiology, Part 1
- Disease Processes and Conventional Medicine, Part 1
- The Divine Prescription for Health and Healing
- Counsels on Health
- Mind, Character and Personality
- Elements of Massage Therapy
- Depression: The Natural Way Out



LEVEL 2 - Practical Field Work for B.A. Science +600 hrs.

- Give 15 Health Lectures & Demos
- Participate in the organization and operation of one Health Expo
- Participate in the organization and operation of two Health Seminars
- Participate in the organization and operation of two Natural Remedies Seminars
- Participate in door to door work
- Participate in the 25 to 30 Health Consultations

LEVEL 3 – Mastery Level

✓ *Master a Trade*

- Building/ Carpentry
- Woodworking
- Landscaping
- Plumbing
- Agricultural Work
- Sewing
- Cooking
- Media

✓ *Tekoa Certified Strategic Evangelist*

LEVEL 3 - Bible & Business Classes

- Revelation
- Church History
- Answers to Tough Questions
- World Religions
- Biblical, Evangelistic Preaching
- Business 101
- Marketing & Promotions
- Courtship and Home Leadership

LEVEL 3 - Practical Field Work

- Organize & Write their Own Evangelistic Series
- Do their Own Evangelistic Series
- Have 5 Ongoing Bible Studies
- Give Two Trainings at Churches Regarding Health & Evangelism
- Intern with one evangelist for one meeting

✓ *Master of Science in Original Medicine qualifying the student to be a Tekoa Certified Gospel Medical Missionary Evangelists*

LEVEL 3 - Health Classes

- Corrective Nutrition
- Practical Application in the Use of Use of Herbs
- Orthomolecular Nutrition
- Nutrition in Action
- Adaptogens
- Introduction to Homeopathy
- Anatomy and Physiology, Part 2
- Anatomy and Physiology, Part 3
- Disease Processes and Conventional Medicine, Part 2
- Disease Processes/Conventional Medicine, Part 3
- Introduction to Oncology
- Masters Thesis

LEVEL 3 - PRACTICAL FIELD WORK

- Intern at a Sanitarium
- Create 20 Health & Bible Lesson Guides
- Give Two Weekend Health Training Seminars
- Create Their Own Health Product For Sale
- 5 Ongoing Health & Lifestyle Consultation Clients

LEVEL 4 – Doctorate & Leadership Expertise

- ✓ *Leadership in Ministry*
 - Church Planting
 - Outpost to Inpost Ministry Development
 - Leadership in Rejuvelution (*Health & Literature Evangelism Full-time*)
- ✓ *Rejuvelution Leadership Program*
- ✓ *Doctor of Naturopathy in Original Medicine qualifying the student to be a Tekoa Certified Strategic Health Specialist*
 - Fitness Coach Certification (We will have a specialist come in for this)
 - Depression & Recovery Certification
 - Chip Certification

LEVEL 4 - Health Classes

- Blueprint for the Quintessential Original Medicine Lifestyle Center
- How to set up a Naturopathic Practice
- Home Remedies and Hydrotherapy
- Detoxification and Cleansing Diets
- Medicinal Use of Herbs
- The Green Pharmacy
- Legal Guidelines for Unlicensed Professionals
- Conventional Drugs and Medicines
- Healthful Living
- Chemistry of Man
- Nutrition for Children
- Advanced Treatise in Herbology
- Encyclopedia of Herbal Medicine
- Chemistry of Essential Oils
- The Body Electric
- Health Assessment with Biological Ionization
- Dried Blood Cell Analysis
- Naturopathy for the 21st Century
- Medical Missionary Manual
- Doctoral Dissertation

LEVEL 4 - Practical Fieldwork

- Sanitarium Internship
- Lifestyle Center Internship
- Leading in the Inpost & Outpost Centers

LEVEL 1 – Basic Certification

Safe Serve: Healthful Cookery We are counseled that “cooking is no mean science.” It is something to be learned by all. It is part and parcel of gospel medical missionary Evangelism. In the class you will learn the basic elements of healthful cookery. You will learn how to prepare healthful, palatable, attractive, and simple food. You will learn the difference between veganism and health reform and how to use cooking as a means of connecting people with Christ in your home and in your community.

First-Aid and CPR Master the ability to provide competent care in emergency situations. Sometimes rapid response is needed and here is where you’ll learn the ABC’s of first-aid. Learn how to use whatever may be available around you. Simple household items and things found in nature can help when other help is too far away. Basic survival and wilderness training may be covered as well.

Foundations of True Success This class covers the fundamentals of how to enhance your God-given talents to achieve the highest calling God has for you. You will learn how to be self-supporting with biblical self-improvement principles, accurate talent identification, talent multiplication, strategic biznistry plans, and a basic understanding of divine marketing. The goal of the class is to help you take the first step towards your ultimate goal of true success.

Safe Serve: A Biblical Perspective on Hygiene This course presents a compilation of writings by Elder James White and his wife, Ellen G. White, on the subject of temperance and hygiene from the perspective of the Bible.

TEXTBOOK: *Christian Temperance & Bible Hygiene* by James & Ellen G. White

LEVEL 2 – Bible & Health Foundational Instruction

Sanctuary Studies 1 & 2 Discover God’s plan of salvation in a deeper way. Become more able to instruct others using the most practical and dynamic outline of that plan, the Sanctuary. This theme, so often misunderstood, remains central to our faith. How does God view humanity?

What role do we have to play, if any, in this saving relationship? Is this subject still relevant?

Daniel and Revelation These prophetic books are crucial to understanding our purpose and identity as a movement. You will learn where we have been, where we are, and where we are headed in the scope of time. Strict Biblical rules of interpretation will be utilized as missionaries seek to grapple with this most pertinent subject. Your heart will burn within you as you find your part in God’s great plan of redemption.

How to Study the Bible This course helps the missionaries to understand why we need to study the bible, the theme of the bible, as well as the inspired methods of how to look at a passage of scripture and understand what the text is saying without adding or taking away.

Sacred Music and Worship In light of the emphasis on worship that we find in the book of Revelation, it is important that those who are living at the end of time have an intelligent understanding of what constitutes true worship. In chapters 13 and 14 of Revelation, we find that worship will be the central issue in the final moments of earth’s history. In this course, we will be taking a look at praise and worship within the context of the Three Angels’ Messages. The goal of the course is to obtain an in depth understanding of: The biblical principles of true worship, the spiritual effects of true and false worship and the role that false worship, will play in influencing individuals to receive the mark of the beast.

Gift of Prophecy God has given a most wonderful gift to His church. This gift is to help guide His people until the end of time. This class will explore the true biblical understanding of the gift of prophecy. We will examine the nature of the gift, the vessels of this gift, and how this gift is to be practically applied in the church and on a personal level.

The Science of Prayer and Communion Communion between Christ and His Father, was the key of success in Jesus’ journey on earth against the temptations of world. We will study this science so that we too may know how to overcome the wiles of the devil. In this class the missionaries will learn: What is prayer, how does it work, how to know the difference between the prayer of faith and

LEVEL 2 – Bible & Health Foundational Instruction

the prayer of presumption, false forms of prayer and mediation, inspired structure for prayer, and much more.

Christian Salesmanship How do you get gospel literature into the home? How do you present health products in the community? How do you do a presentation to get your ministry funded? This course will explain the simple principles of Christian salesmanship. This is an invaluable class you must take.

Preaching 101 Preaching is one of the most recognized mediums God has used to make His way known upon the earth and confound its wisdom. You will learn the basic principles of sermon preparation, delivery, and most importantly, the heart preparation needed in order to competently proclaim the good news of salvation to a dying world.

Food Cultivation and Preservation These are modules designed to educate an individual in the basic science and practice of seasonal agriculture. Learn how to live sustainably and tap into local produce networks. Also develop hands-on knowledge in preserving fresh fruits and vegetables for long-term storage and how to enjoy them even in the winter months.

Concepts of Original Medicine This introductory course covers the basic concepts of original medicine, naturopathy, and the natural healing laws of health.

TEXTBOOK: *Concepts of Original Medicine* by Jim Sharps, N.D., Ph.D.

Counsels on Diet and Foods This course presents wonderful, practical, and up-to-date information on diet and nutrition. Some of the subjects covered are the original diet of man, the role of dairy and animal products in the diet, diet and spirituality, and the purpose and practice of time-proven, biblically based dietary principles.

TEXTBOOK: *Counsels on Diet and Foods* by Ellen G. White.

Ministry of Health and Healing This course presents the principles of a faith-based approach to healing and how to have health and wellness and keep it for a lifetime. It examines what the Bible has to say about diet and health, flesh foods, stimulants, and liquor. It studies the influence of the mother and home on the health of the family. It guides in the care of the sick and in prayers to God, the great Physician-Healer.

TEXTBOOK: *The Ministry of Health and Healing* by Ellen G. White.

Home Remedies and Hydrotherapy

This course presents simple yet time-honored principles and techniques, such as hydrotherapy, massage, garlic, charcoal, and other simple but physiologically based remedies that have not changed for hundreds of years.

TEXTBOOK: *Home Remedies and Hydrotherapy* by Calvin Thrash, M.D., and Agatha Thrash, M.D.

Basic Principles of Total Health and the Hierarchy of Nutrients

This course covers the basic principles of diet and lifestyle factors that promote health and vitality. It presents and highlights the “Hierarchy of Nutrients” and the important topic of proper food combining.

TEXTBOOK: *Basic Principles of Total Health* by Jim Sharps, N.D., H.D., DrNSc, Ph.D.

Scientific Basis for Nutrition This course covers the principles for optimal health and how to combat the top killer diseases of the twenty-first century. It presents the problems associated with eating meat, dairy products, and sugar. This course provides a comprehensive list of scientific studies and references in support of the vegetarian diet and lifestyle.

TEXTBOOK: *Proof Positive* by Neil Nedley, M.D.

Health and Wellness This course presents a groundbreaking program that helps choose the best foods based on the unique chemistry of each individual’s body.

TEXTBOOK: *Your Choice* by M. Ted Morter, Jr., M.A.

Current Events in Nutrition and Diet 1

This course has the student explore current newspapers, magazines, and television and save articles about nutrition and diet on an on-going basis. The student then analyzes this information as to its accuracy and completeness, citing references from IOM textbooks or other sources.

TEXTBOOK: None required.

Facilitating Dietary Changes This course presents a practical approach by helping students learn how to make changes in nutrition and diet for themselves and others. Assignments include trying and evaluating healthful recipes, researching community resources for healthful foods, and related dietary support.

TEXTBOOK: *Ways to Wellness Natural Recipe Book (current edition)* by IOM.

Enzymes This course presents a revolutionary new way to look at food and how it affects health. It is based on years of clinical research by the author who presents the true key to long-lasting health.

TEXTBOOK: *Enzymes: The Key to Health* by Howard Loomis, Jr., D.C.

Introduction to Conventional Nutrition

This course presents basic information about macronutrients, micronutrients, diseases related to nutrition, and special diets and methods of feeding that are used in conventional medicine.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Herbs of the Bible This course weaves history and folklore together with scientific research on over 50 herbs recorded in the Bible. It also includes artistic renditions of many of the plants. The author discusses the benefits of herbs in both medicine and cooking.

TEXTBOOK: *Herbs of the Bible* by James Duke, Ph.D.

Defeating Cancer Naturally This course will take the student through Anne Frahm's journey of reclaiming her body and her health. It is a valuable nutritional program to assist anyone seeking to recover from cancer and other degenerative diseases, and perpetuate good health.

TEXTBOOK: *Defeating Cancer Naturally* by Anne Frahm

Strategies for Becoming an Active Thinker

This course shows students how to study successfully, think critically, manage their time, complete assignments correctly, and have success with their studies.

TEXTBOOK: *Keys to College Studying: Becoming an Active Thinker* by Carter, Bishop and Kravits

Introduction to Medical Language

This course presents the mechanics of how medical words are formed from combining forms, suffixes, and prefixes as the basis for understanding the meaning of conventional medical words.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Anatomy and Physiology, Part 1 This course presents the anatomy and physiology of the four most common body systems: the gastrointestinal system, pulmonary system, cardiovascular system, and urinary system.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Disease Processes and Conventional Medicine, Part 1

This course presents diseases of the gastrointestinal system, pulmonary system, cardiovascular system, and urinary system and how conventional medicine deals with them.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

The Divine Prescription of Health and Healing

This course discusses the methods and means of healthful living from which it appears that many have been drifting away. It deals with going back to "First Things", and relying by faith upon the substances which God has established for our benefit.

TEXTBOOK: *The Divine Prescription and Science of Health and Healing* by Gunther Paulien, Ph.D.

Counsels on Health

This course presents wonderful, practical, and up-to-date information on a variety of health principles. Some of the subjects covered are running a successful health institute, the role of the Christian physician, health food work, and medical missionary work.

TEXTBOOK: *Counsels on Health* by Ellen G. White.

Mind, Character and Personality

This collection of inspired writings deals with a wide range of counsel, including emotional stress, mind-body relationships, and human sexuality.

TEXTBOOK: *Mind, Character and Personality, Vol. 1* by Ellen G. White.

Elements of Massage Therapy

This course covers the basic elements of massage therapy and includes topics such as contemporary developments in massage, massage systems, scope of practice, professional ethics, and structures of the human body as they relate to massage therapy.

TEXTBOOK: *Benjamin's and Tappan's Handbook of Healing Massage Techniques*.

Depression: The Natural Way Out

Instead of merely medicating the symptoms of depression, Neil Nedley, MD gives you a well-referenced, in-depth comprehension of how depression affects the person mentally, physically, emotionally, and spiritually, and brings hope with his successful twenty-week cure that has brought relief to so many of his patients.

TEXTBOOK: *Depression: The Way Out* by Neil Nedley, M.D..

LEVEL 3 – Mastery Level

Courtship/Home Leadership All missionaries come from a home and will return to a home after their training. For this reason it is imperative that they learn to be leaders in the home, so they may then know how to efficiently work in other fields. In this course, missionaries will learn principles on proper courtship from an inspired perspective, the biblical roles of Father and Mother, Husband and Wife, God’s original plan for the home, practical ways to prepare to start a home, home finance, budgeting, and most importantly, how to Evangelize those of your own household.

Church History Our church has been directed by God. In this course you will see the course of God’s church through the centuries and the development of God’s end-time people who are to proclaim the end-time message. We will look carefully at such predecessors as James White, William Miller, Joseph Bates, Annie Smith, and a host of others. We will focus on the prophetic gift as manifested through Ellen G. White. “We have nothing to fear for the future except as we shall forget the way the Lord has led us, and His teaching in our past history.” TM 31

Answer Tough Questions/Personal Evangelism Herein lies a thorough preparation of effective, intentional, and personal soul-winners. This will be accomplished via: study and evaluation of specific methodologies and principles of personal Evangelism outlined in the Holy Bible and the writings of Ellen G. White. This will include topics such as foundational apologetics, preparing and conducting Bible studies, generating Bible study leads (cold/hot), gaining decisions, and spiritual nurture/discipleship. Theory will be coupled with practical field work.

World Religions The course objective is to study the history, origins, rituals and basic tenets of the world’s major religions and show how to best approach each from a biblical worldview.

Business 101 We will learn the importance of the proper business management of your business/ministry for the purpose of being self-supporting in a commercial, as well as Evangelistic setting. Covering things such as Getting Started, Generating Business/Interest, Business Structure, Cost, Cycles, Marketing, and what the overall spiritual purpose of having a business is. We will also discuss some

of the various lines of business/ministry that may be entered into for the purpose of soul saving and self-sustenance.

Marketing & Promotions In this course students will learn the trade secrets of promotions and marketing. Whether it is with the internet, social media, trade shows, graphic design, power points, podcast, youtube videos and the like we will show you how to get your message out before the masses increasing your chances of success.

Corrective Nutrition This course presents the major topics of diet and lifestyle factors needed to address major health conditions, such as high blood pressure, diabetes, cancer and related degenerative conditions.

TEXTBOOK: *Proof Positive* by Neil Nedley, M.D.

Practical Applications in the Use of Herbs

This course presents a practical approach by helping students learn how to actually collect and store herbs, make lifestyle changes by using herbs in recipes, and approach other health issues.

TEXTBOOK: *The Shepherd’s Purse* by Max G. Barlow.

Orthomolecular Nutrition This course covers essential vitamins, minerals, and food supplements specifically selected to solve individual problems for promoting optimal health and longevity for everyone.

TEXTBOOK: *Putting It All Together* by Dr. Abram Hoffer and Dr. Morton Walker.

Nutrition in Action The purpose of this course is not only to show you that vibrant health is possible, but to give you a step-by-step program, a plan for reversing those feelings of diminished vigor, and, instead, feeling the joy that optimum health can bring.

TEXTBOOK: *Nutrition in Action* by Kurt Donsbach, N.D.

Adaptogens This course introduces a category of herbs referred to as Adaptogens whose properties are associated with the ability to help the body cope more effectively with stress. Specifically, adaptogens recharge the adrenal glands, which are the body’s nominal mechanism for responding to stress and emotional changes.

TEXTBOOK: *Adaptogens* by David Winston and Steven Maimes.

Introduction to Homeopathy This course presents the basics of homeopathic medicine and homeopathic remedies for everyday ailments and minor injuries.

TEXTBOOK: *Homeopathic Medicine at Home* by Dr. Maesimund Panos and Jane Heimlich.

Anatomy and Physiology, Part 2

This course presents the anatomy and physiology of several common body systems: the integumentary system (skin), musculoskeletal system, blood and immune system, and nervous system.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Anatomy and Physiology, Part 3

This course presents the anatomy and physiology of several common body systems: the male reproductive system, female reproductive system, endocrine system, eyes, and ears.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Disease Processes and Conventional Medicine, Part 2

This course presents diseases of the blood and lymph system, integumentary system (skin), musculoskeletal system, blood and lymph system, and nervous system and how conventional medicine deals with them.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Disease Processes and Conventional Medicine, Part 3

This course presents diseases of the urinary system, male reproductive system, and female reproductive system, endocrine system, eyes, ears, nose and throat, and how conventional medicine deals with them.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Intro to Oncology This course presents an introduction to the anatomy and physiology related to oncology as well as a detailed description of cancerous diseases and how conventional medicine deals with it.

TEXTBOOK: *Medical Language* by Susan Turley, RN, BSN.

Master's Thesis This course involves researching and writing a master's thesis on a specific topic of interest in original medicine.

TEXTBOOK: None required.



LEVEL 4 – Doctorate & Leadership Expertise

Church Planting Setting up churches in dark counties takes a high level of sacrifice but also takes some serious planning and commitment. Students who enter this course will understand the strategies necessary to open and develop a successful church plant. Any student who enters this course will either lead or become a part of a church plant during the course.

Leadership in Ministry Our world is in great need of leadership. Is leadership a position? Is leadership something you're born with? In this course a student will learn practically how to lead. The student missionary will be put in positions of leadership in the various branches of the work, not because they desire leadership, but because they have demonstrated leadership qualities during their tenure as students at Tekoa. There will be class time but the majority of the time will be done practically in the mission field.

City Missions The class will prepare a student missionary to run a city mission. It will cover the many possibilities of ministry in the city and show how the Outpost Center connects with it. The city mission course has a practicum connected with it.

Blueprint for the Quintessential Original Medicine Lifestyle Center In this class students will have the opportunity to plan, set up, and open a lifestyle center, giving each one the experience necessary to duplicate and develop their own.

Setting Up a Naturopathic Practice This course is designed to teach practitioners how to set their practice legally

Detoxification and Cleansing Diets This course describes what detoxification is and the details of how to help a client begin and maintain a detoxifying and cleansing diet.

TEXTBOOK: *Toxic Relief* by Don Colbert, M.D.

Medicinal Use of Herbs

This course presents advanced concepts in herbal healing techniques. Topics include the study of over 100 common herbs, herbal preparations, and the application of herbs to 500 common ailments.

TEXTBOOK: *Natural Remedies Encyclopedia* by Vance Ferrell and Edgar

Archibold, M.D.

The Green Pharmacy This course explores the thousands of safe, natural remedies that lie untapped in jungles, forests, and herbal gardens throughout the world. America's foremost authority on medicinal plants and herbs, James A. Duke, Ph.D., shares his knowledge of these hidden reserves of healing power.

TEXTBOOK: *The Green Pharmacy* by James A. Duke, Ph.D.

Legal Guidelines for Unlicensed Professionals This course discusses legal guidelines that apply to the practice of original medicine and naturopathy. It covers laws and their purposes, consent, disclaimer and disclosure forms, keeping records, licensing versus certification, and other important legal considerations. This course prepares students to effectively handle the legal aspects of running a naturopathic practice.

TEXTBOOK: *Legal Guidelines for Unlicensed Practitioners* by Lawrence D. Wilson, M.D.

Conventional Drugs and Medicine This course presents conventional drugs and drug categories as used in medicine today. Clients seen by naturopaths are often taking prescription drugs, and the identity and action of these drugs should be understood.

TEXTBOOK: *Understanding Pharmacology for Health Professionals* by Susan Turley, RN, BSN.

Healthful Living This book presents in a very concise and condensed form the subjects of health, health reform and allied matters found in the writings of Ellen G. White

TEXTBOOK: *Healthful Living* by Ellen G. White

Chemistry of Man This course presents a compilation of food studies and the associations between diet and health and the effect of the chemical elements that shape human health.

TEXTBOOK: *Chemistry of Man* by Bernard Jensen, Ph.D.

Nutrition for Children This course focuses on how our children are falling victim to the Standard American Diet. Scientific data and common sense are presented along with techniques for teaching children how to eat healthfully and teaching parents and caregivers how to raise smart,

healthy children.

TEXTBOOKS: *Kid Smart* by Cheryl Townsley, and *Eating for A's* by Scjaiss, Meyer, and Meyer.

Advanced Treatise in Herbology This course provides an advanced, comprehensive treatise on herbs, including over 100 herbal preparations and their applications to a broad spectrum of health conditions.

TEXTBOOK: *Advanced Treatise on Herbology* by E. Shook, D.C., N.D.

Encyclopedia of Herbal Medicine An excellent reference to 550 herbs and their remedies for common ailments.

TEXTBOOK: *Encyclopedia of Herbal Medicine* by Andrew Chevalier, FNIMH

Chemistry of Essential Oils An excellent scientific, biblically-based coverage of the chemistry and efficacy of essential oils.

TEXTBOOK: *The Chemistry of Essential Oils* by David Stewart, Ph.D., D.N.M.

The Body Electric This course presents many thoughtful ideas about the relationship of electromagnetism and electricity to basic life processes, medical care, and environmental concerns. Also, the politics of the world of medical research are presented in a realistic light.

TEXTBOOK: *The Body Electric* by Robert O. Becker, M.D.

Health Assessment thru Biological Ionization The course presents the pioneering concepts of Dr. Carey Reams and explains the principles behind the pH test, proper procedures for conducting tests on urine and saliva, and how to use the test results to tailor counseling recommendations in diet and lifestyle plans.

TEXTBOOK: *Basics of Biological Ionization* by A. F. Beddoe, D.D.S.

Dry Blood Cell Analysis

Just one drop of blood can provide useful information to a health practitioner. It can show unhealthy conditions in the body that can be corrected with nutrition and lifestyle changes. This course will introduce students to a valuable tool in determining the condition of someone's health and allow them to make recommendations for dietary and lifestyle improvements.

Naturopathy of the 21st Century This course, which uses a text book adopted by several naturopathic schools, is highly recommended for those studying to be board certified by the American naturopathic Medical Certification Board. It explains many important aspects of the naturopathic profession, including, what modalities are used by naturopaths.

TEXTBOOK: *Naturopathy for the 21st Century* by Robert J. Thiel, Ph.D.

Medical Missionary Manual This course covers the blueprint for the Medical Missionary Work. It includes a wide range of general guiding principles, including, why it was given to us, why it is so important, who should do it, how should it be done, where should it be done, when should it be done, working principles and standards, how Jesus did it, ten steps of healing, simple remedies, the use of water, the drug question and more concepts and principles of the important medical missionary ministry.

TEXTBOOK: *The Medical Missionary Manual* by Ellen G. White.

Doctoral Dissertation This course involves researching and writing a doctoral dissertation that includes original research.

TEXTBOOK: None required.

