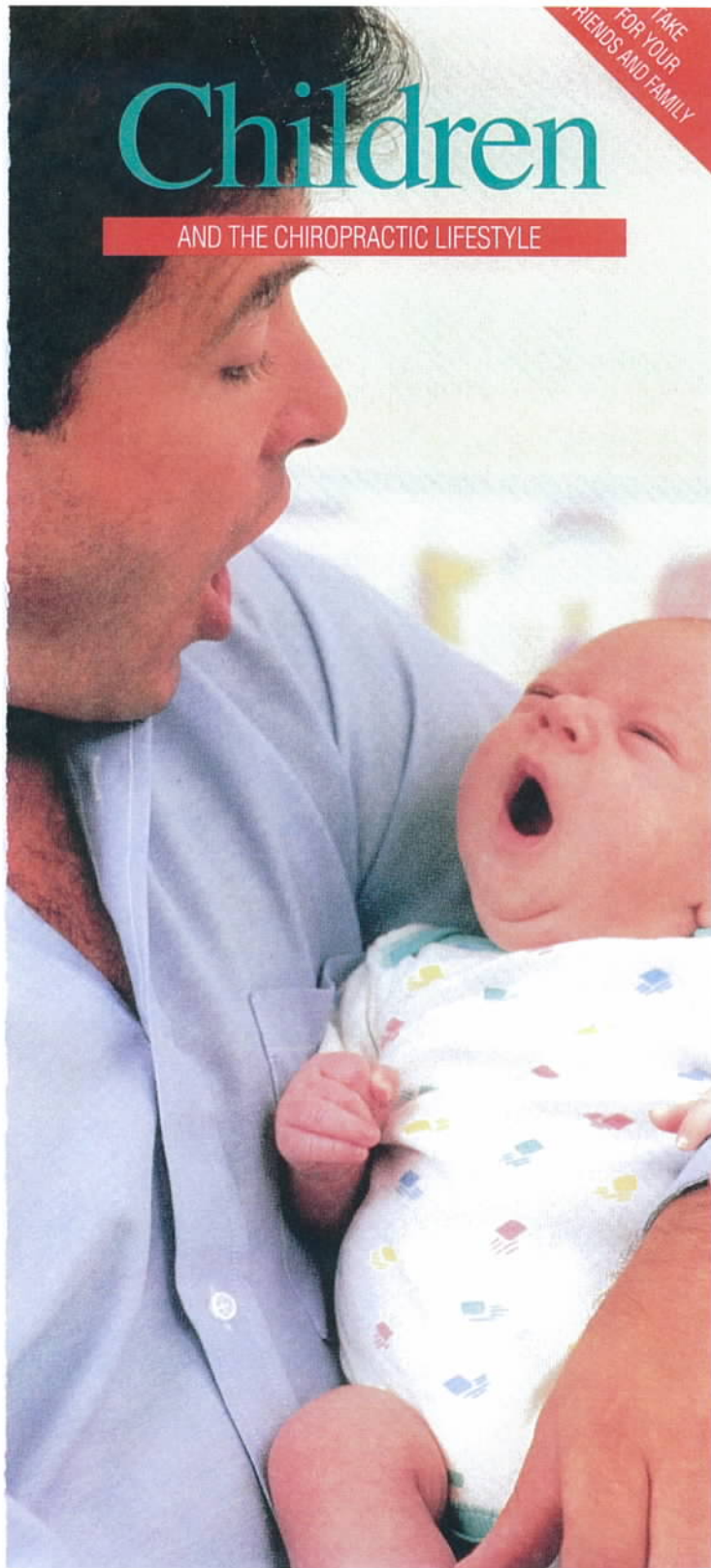


Children

AND THE CHIROPRACTIC LIFESTYLE

TAKE
FOR YOUR
FRIENDS AND FAMILY



The birth process may be one of the most traumatic events of our lives.



The spinal malfunction from falling when learning to walk, can often be helped with chiropractic care.

during this period of rapid growth may lead to serious spinal deformities later in life. This can set the stage for scoliosis, "growing pains," and a weakened immune system response.

Chiropractic adjusting techniques are modified to fit a child's size, weight, and unique spinal problem. Parents often report that their children seem healthier than other kids their age.

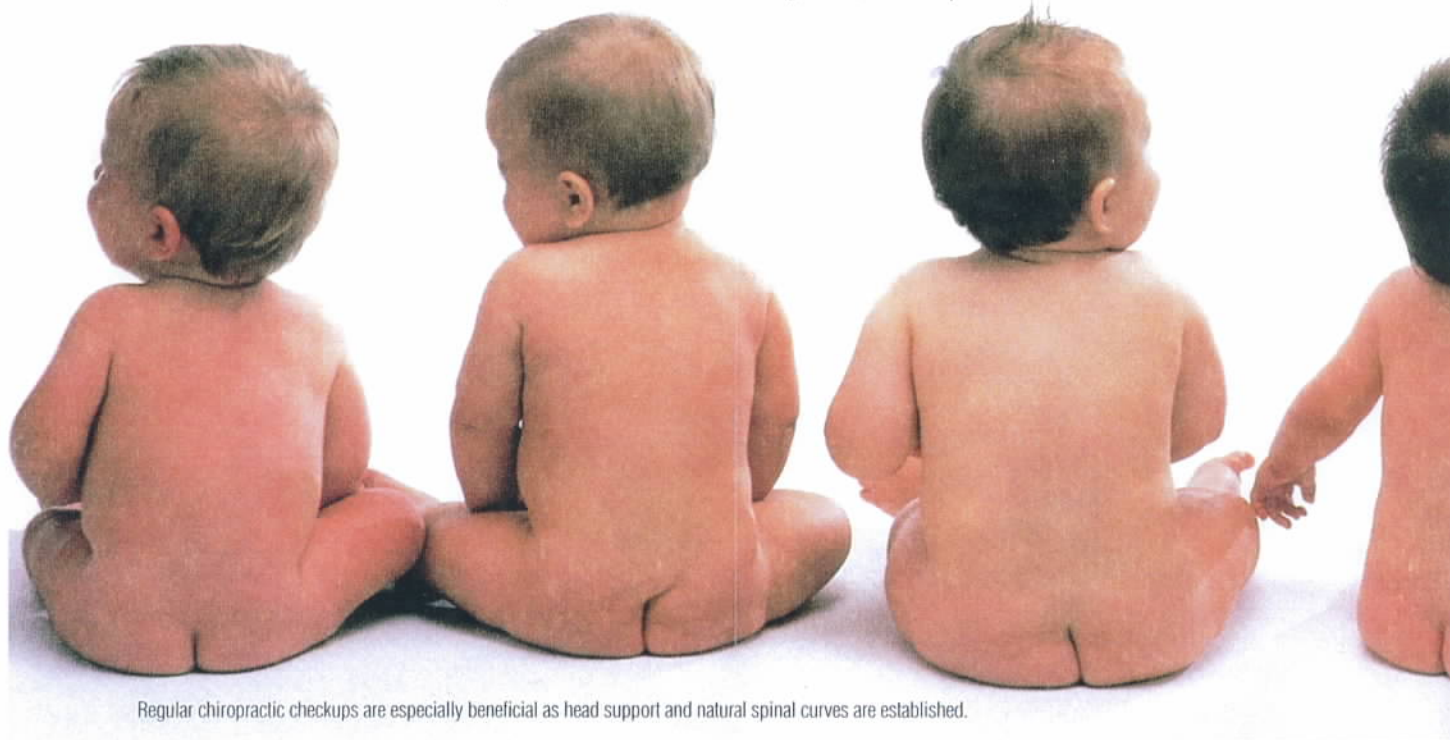
Many spinal problems seen in adults begin in childhood. Proper spinal hygiene is an important key to better health. Do you know a child who could benefit from chiropractic care?

HILDREN NATURALLY ENJOY THEIR CHIROPRACTIC ADJUSTMENTS.

Even so-called "natural" birthing methods can stress a still-developing spine. The resulting irritation to the nervous system can be the cause of many newborn health complaints. Colic, unexplained crying, poor appetite, breathing problems, and allergic reactions can often

be traced to nervous system dysfunction caused by a malfunctioning spine.

Head support, followed by crawling, and a baby's first few steps should be followed by chiropractic checkups. If neglected, the bumps and falls



Regular chiropractic checkups are especially beneficial as head support and natural spinal curves are established.

A photograph of a woman with dark hair, wearing a white long-sleeved dress, holding a baby. The woman is looking towards the camera with a slight smile. The baby is wearing a white dress and has a white bow in her hair. The background is dark and out of focus. The photo is tilted slightly to the right.

Chiropractic care can benefit the developing baby and help reduce the complications of labor.

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HEALTH BEGINS BEFORE BIRTH.

Children benefit from chiropractic care before they are born, by having a mother who receives prenatal chiropractic checkups. A healthy diet, proper exercise, a stress-free environment, and a chiropractic lifestyle help prepare for a happy, healthy baby.