



## **ESTHETICS SKIN CARE & MAKE UP COURSE OUTLINE**

### **COURSE DESCRIPTION:**

The Esthetics Skin Care & Make-up course consists of 325 hours. This course includes professional instruction in theoretical, practical, and clinical studies. We will teach you skin analysis, facial procedures, machine facials, massage techniques, chemical exfoliation, microdermabrasion, face and body temporary hair removal, body treatments, and MUD make-up Beauty Essentials. We will prepare you for the PA state Board licensure exam.

### **EDUCATIONAL OBJECTIVES:**

1. To prepare students in all theory and practical aspects of the course
2. Project a positive attitude and self-confidence to facilitate effective communication skills to provide a valuable service.
3. To educate students in building strong client relationships, customer service, and business skills needed to be successful in this field
4. To prepare students to successfully pass PA State Board Examinations, obtain their license and a position as an entry level Cosmetologist or related career field.

### **COURSE HOURS: 325**

#### **ACADEMIC 100 HOURS**

You will learn the academics behind skin analysis and client consultation and professionalism. You will learn sanitation and disinfection methods, Anatomy Physiology and Histology of the skin, Basic Chemistry, Product knowledge, Basic Facial Theory and machines, Hair Removal, Chemical exfoliation and microdermabrasion, Makeup application, Salon Business, Job readiness and Retail.

#### **PRACTICAL AND CLINIC:**

Instructors will base evaluations on performance before, during, and after a service. You will be evaluated on providing a service that is safe and sanitary for the client, professionalism, attitude, and building client relationships.

- **FACIAL TREATMENTS: 100 HOURS** Learn proper setup and client draping. You will learn to recognize various skin types, using your senses, as well as utilizing magnification and the Wood's Lamp. Learn to recognize contraindications for procedures and when to refer to a physician. You will also learn to perform manual, chemical, and electronic facial techniques. Learn methods of, cleansing, exfoliation, extractions, facial massage techniques, mask application, toning and moisturizing. Learn to prescribe facials to benefit client needs with hot stone facials, blemish control facials, hydration facials, and anti-aging as well as various treatments including, mud, herbal, essential oil salt and sugar glow for the body.

- **TEMPORARY HAIR REMOVAL: 10 HOURS** In this course, you will learn waxing techniques for face and body. Learn proper safety and sanitation precautions and to recognize contraindications for services.

- **MAKE UP APPLICATION: 75 HOURS** (Approximately 9 hours included in ACADEMIC hours, See MUD Syllabus for detailed information) You will learn the artistic and creativity of makeup application. You will gain theoretical and practical knowledge in product ingredients and proper use of products. You will learn

day and evening make-up application, camouflage, and corrective makeup techniques all while being conscious of safety sanitation and infectious control.

- PROFESSIONAL PRACTICES: 40 HOURS You will learn salon/spa business and ethics. You will learn PA State laws and participate in Mock State Board Exams in order to prepare to take the PA State Board Exam

**REQUIRED LEVEL OF ACHEIVEMENT:**

Students must successfully complete 50 hours before assigned clinical work and maintain at cumulative of a 75% in all aspects of the course.

**THEORY:**

Evaluations are done in the following manner: written competency exams and quizzes on each chapter. The Student must maintain a cumulative 75% grade point average in all aspects of the course.

**CLINIC & PRACTICAL**

The student must complete 35 hours before he/she will be assigned a service on the clinic. Students must fulfill requirements in practical and clinic by performing services and being evaluated by an instructor. The Student must maintain a cumulative 75% grade point average in all aspects of the course.

**STANDARDS FOR THEORY**

A	-	100-94%	Excellent
B	-	93-85%	Good
C	-	84-75%	Satisfactory
F	-	74-0%	Unsatisfactory

**STANDARDS FOR PRACTICAL AND CLINIC:**

HH	100-94%	High Honors
H	93-85%	Honors
S	84-75%	Satisfactory
U	74 & Below	Unsatisfactory

**SAP EVALUATION:** Satisfactory Academic and Attendance Progress

Students will have no less than a midpoint and final satisfactory academic and attendance progress evaluation. For more information about the procedures, please see the school catalog available for download at [www.shnhbeauty.com](http://www.shnhbeauty.com)

**ATTENDANCE POLICY:**

Students required attendance of a minimum of 67%. If a student does not meet the requirement, he/she will be subject to an evaluation resulting in attendance warning, probation or termination. For more information about the procedures, please see the school catalog available for download at [www.shnhbeauty.com](http://www.shnhbeauty.com)

**TEXTBOOK USED IN COURSE**

Milady Standard Esthetician Fundamentals Text with MindTap access code and an Exam Review