

Dr. Jennifer Weeks

Dr. Weeks has extensive experience working with attorneys and clients involved in the legal system at the county, state and federal level. She provides psychosexual evaluations for forensic clients. She provides pre-trial sexual offense psychosexual evaluations with a specialty in cybersex and incest crimes.

Dr. Weeks is also a recognized expert witness in the areas of cybersex offending, sex offenders and sexual addiction. She has provided testimony in a number of counties in Pennsylvania as well as in the Federal Court system. Dr. Weeks is a clinical member of ATSA (Association for the Treatment of Sexual Abusers).



Treatment Philosophy

At SATS, we understand that recovery from addiction is a process. It is our goal to provide compassionate, knowledgeable guides to our clients along their journey of recovery.

Our understanding that the recovery process is a journey guides our treatment philosophy. Akin to philosophies of motivational interviewing, we strive to meet the client where they are and help them to move forward to meet their goals.

A hallmark of treatment at SATS is compassion and understanding. We believe that addiction is a shame based problem and do not use therapeutic techniques that shame our clients. The therapists at SATS are trained to use their therapeutic skills in a non-shaming manner and avoid harsh, dictatorial confrontation.

Sexual Addiction Treatment Services

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Sexually Addicted Offender Intensive Treatment Program



Sexual Addiction Treatment Services



Three Day Intensive Treatment Program for Offenders with Problematic Sexual Behavior

Sexual Addiction Treatment Services specializes in treating sexually addicted individuals whose behavior has crossed into offending behavior. The Sexually Addicted Offender program at SATS is based on the Risk Needs Responsivity model and informed by the most up to date research and suggested practices of the Association for the Treatment of Sexual Abusers.

The clinician's at SATS utilize a combination of cognitive behavioral therapy, motivational interviewing, strengths based models, psychodynamic practice, trauma informed practices and emotion focused therapy to meet the specific needs of our clients.

Intensive Treatment Goals:

Our curriculum covers the following topics: offense responsibility, victim empathy, shame reduction, identification of cognitive distortions, relapse prevention planning, affect regulation skills, interpersonal skills development, family of origin issues, trauma resolution, the role of hypersexuality, healthy sexuality and any other areas identified for each individual client.

This three day intensive will combine psychoeducation, group therapy, homework assignments, and fellowship to assist attendees in reaching the following treatment goals:

1. Identify problematic sexual behaviors and identify bottom lines.
2. Learn personal addiction cycle
3. Learn triggers and relapse prevention tools
4. Accountability and denial reduction
5. Complete full sex history
6. Identify distorted thinking that influenced offending behavior
7. Victim empathy
8. Understand minor attraction
9. Learn healthy sexuality and create a healthy sexuality plan

Intensive Details

Intensives will run from 9:00 am to 5:00 pm Friday through Sunday with a break for lunch.

Participants will stay off site at hotels within one mile of our Plymouth Meeting, PA office.

Fee is \$1500.00 for the three day intensive.

Testing is available for an additional fee outside of the intensive hours.

We work in collaboration with attorneys as well as Federal and County probation and parole.

For more information contact Dr. Jennifer Weeks at drjenniferweeks@gmail.com or go to our website:

www.sexualaddictiontreatmentservices.com

