



## PRESS RELEASE

FOR MORE INFORMATION,  
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## Senara Lends A Hand to Prevent Abuse in Central Illinois

***Senara Health and Healing Center & Spa participates in The Center for Prevention of Abuse's annual fundraiser with a unique offering.***

PEORIA, Ill. — July 28, 2014 —

Senara is a Premier Sponsor for The Center for Prevention of Abuse's 26th Annual Duck Race on August 23rd. As part of their fundraising efforts, Senara is offering a free Senara Spa Rubber Duck to those who donate on their team. These exclusive keepsake Rubber Ducks are Senara's way of saying "Thanks" to those who support The Center during this important fundraiser event.

Enter the Race as part of the Senara Team two ways:

1. Stop by Senara and complete an entry form and give it to a Guest Relations team member at the front desk. The Guest Relations team member will hand you the Senara Spa Duck on the spot to say "Thanks!"
2. Enter online: [www.duckrace.com/peoria/teams/2776](http://www.duckrace.com/peoria/teams/2776) (the link can also be found on our [Facebook page](#), or directly on [our website](#)). E-mail [jessicaw@experiencesenara.com](mailto:jessicaw@experiencesenara.com) after completing your Team Senara donation, and Senara will reserve a "Thank You" Senara Spa Duck for you to pick up at their office at your earliest convenience.

At just \$5 per Duck Race entry donation, participants will not only make a difference for the community, but will also have a chance to win \$5000 sponsored by Associated Bank and many other fantastic prizes!

The Center provides services for women, men, and children...of all ages...that have been affected by domestic violence, sexual assault/abuse, elder abuse and abuse of adults with disabilities, along with prevention education in our area schools for students pre-k through college.

We encourage you to race a duck, **or lots of ducks!**, to show your support for The Center and help raise funds for the vital services it provides for our community. Come down to the Peoria Riverfront on August 23! Children's activities begin at 12:00pm and the ducks race at 2:00pm!

Enter the Duck Race today!

### **About Senara**

As Senara Health and Healing Center offers a wide range of services, including chiropractic care, acupuncture, massage, physical therapy and nutrition counseling. Senara has also expanded staff, as well as guest services and health-related product availability through its dedicated physical therapy center, personal training studio, yoga studio and retail shop. Senara Spa, designed to be an escape and retreat from everyday life, offers many different massage services, body wraps and treatments, facials and water therapies. It has: eight massage rooms, including a couple's massage suite; two water therapy rooms; manicure and pedicure studios; a make-up service station, with a full-time professional make-up specialist; separate locker rooms for men and women; relaxation rooms that include hospitality bars, with snacks and beverages; and separate men's and women's locker rooms. Senara also provides customers with on-site, free childcare in its Kids' Lounge.

More information about Senara is available at [ExperienceSenara.com](http://ExperienceSenara.com)

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