

ROCKPORT SENIOR LIVING
COVID-19 OUTSIDE VISITATION POLICY AND PROTOCOLS
(Effective 6/11/2020)

COVID 19 TRANSMISSION. COVID-19 is a respiratory disease that is believed to spread mainly from person-to-person, between people who are in close contact (within about 6 feet) with one another and through respiratory droplets produced when an infected person coughs or sneezes. It also may be spread when a person touches a surface or object that has the virus on it and then touches his/her own mouth, nose, or eyes. Older adults, people with chronic health conditions, and people with compromised immune systems are more likely to become severely ill if exposed to COVID-19.

Symptoms, which include cough or shortness of breath/difficulty breathing, generally appear 2 to 14 days after exposure; however, some people with COVID-19 have no symptoms which is why it is so important to wear a mask during visitation and to fully and honestly respond to all screening questions including, symptoms and/or your contact with individuals with active COVID-19 or who have been exposed to COVID-19.

POLICY PURPOSE. In developing this Policy and Protocols, Rockport management had to take into account the availability of appropriate outdoor space, sufficient staff to monitor visits and provide screening and sanitation, the importance of providing residents/families with visitation opportunities, the continuing need to keep COVID-19 from entering Rockport and on-going efforts to maintain the health and safety of everyone in Rockport's community, in accordance with CDC and ODH directives and guidelines.

For these reasons, it is critical that all residents and visitors strictly comply with this Policy and Protocols. If at any time a resident and/or visitor does not comply, then his/her visitation privileges will be revoked. We will continue to examine, monitor, and adjust this Policy and Protocols as necessary for the well-being of our residents and/or our community and we reserve the right to suspend or terminate this Policy and Protocols at any time, for any reason, in Rockport management's sole discretion.

WHAT VISITATION IS PERMITTED. Rockport will allow residents to visit with up to 2 family members, friends, and/or guests at each prescheduled time, ONLY in the designated areas in the outside courtyard and provided this Policy and Protocols are strictly followed.

VISITATION HOURS. Prescheduled outside visitation can only occur during the following day/hours:

Tuesday and Thursday -- 10 a.m. to 3 p.m. and 6 p.m. to 8 p.m.

Wednesday and Sunday – 10:00 a.m. – 3 p.m.

Additional times and days may be added in the future. Rockport reserves the right to change days and times as management deems appropriate.

SCHEDULING VISITS. Each visit must be scheduled at least 24 hours in advance (except Sunday visits which must be scheduled by Friday at 3:00 p.m.) via the following link <https://www.signupgenius.com/go/9040848a5a829a5f58-rockport1>. No walk-in visits or other exceptions will be permitted. Visits will be cancelled when it is raining, when the outside temperature drops below 65 degrees or above 85 degrees, and/or when the visitor or resident feels sick or does not pass the screening requirements. In these cases, please reschedule the visit via the above link.

VISITATION RULES. Each Resident can only visit with 2 guests per scheduled visit. Any visitors under the age of 18 must be accompanied by an adult and that adult is responsible for ensuring the minor strictly complies with this Policy and Protocols. Each visit can be no longer than 20 minutes (to allow time to disinfect between visits). No items may be given to the resident during the visit. All items must be left in the designated area between the front doors so they can be disinfected and delivered to the resident later.

CHECK-IN. All visitors must come to Rockport's main entrance with masks/face coverings on and complete the required screening, which includes temperature taking, answering signs and symptoms and exposure questions and hand sanitizing. If you do not have a mask, a fabric face covering can be provided, if available. If you do not pass the screening, you will not be permitted to proceed with the visit.

COURTYARD ENTRY. After completing the above check-in, visitors will be escorted by a staff member around the building to the courtyard. A staff member will unlock the courtyard gate and direct you to the designated area where you will meet the resident.

DURING VISIT. At all times during the visit residents and visitors must wear masks, maintain 6 feet separation, and avoid all physical contact. All food, drinks, tobacco and smoking of any kind are prohibited in the courtyard at all times. Water will be provided upon request. If a resident has any cognitive or communication limitations, we will work with the visitor to provide a reasonable and safe way to facilitate the visit, if possible. When the visit concludes, the resident and visitor will again sanitize their hands, the resident will be taken back to his/her suite and the visitor will be escorted out of the courtyard.

COURTYARD SANITIZATION. After each visit, Rockport staff will thoroughly sanitize the visitation area according to CDC guidelines including the seating, tabletops, and all surfaces likely to be touched during the visit.

INSIDE VISITATION. Per ODH's March 13, 2020 order, we continue to be unable to allow resident visitors inside of Rockport, except during end-of-life situations. We will notify family members when a resident's substantial change of condition indicates end-of-life is approaching.

COVID-19 SCREENING FOR ALL PERSONS ON ROCKPORT PREMISES

Name: _____ Date: _____ Time: _____

Temperature: _____ ☐ Staff Member ☐ Non-Staff purpose of visit _____

Do you have any of the following:

- Cough ☐ Yes ☐ No
- Shortness of breath/breathing difficulties ☐ Yes ☐ No
- Chills or repeated shaking with chills ☐ Yes ☐ No
- Muscle pain, headache, sore throat, or new loss of taste or smell ☐ Yes ☐ No
- Any other symptoms including, but not limited to fatigue, runny nose, diarrhea, etc. ☐ Yes ☐ No

Does anyone in your household have any of the above symptoms? ☐ Yes ☐ No

Is anyone in your household currently self-quarantined or been asked to quarantine? ☐ Yes ☐ No

In the last 14 days have you:

- been in contact with anyone who is or was sick/ill generally? ☐ Yes ☐ No
- been in contact with anyone who is being investigated for or confirmed with COVID-19? ☐ Yes ☐ No
- been in contact with anyone who is self-quarantined or has been asked to quarantine? ☐ Yes ☐ No
- been in or around an area/gathering or participated in any dining or activities where masks, social distancing, and sanitizing did not occur, or put you at risk of COVID-19 ☐ Yes ☐ No
- Travelled nationally or internationally? ☐ Yes ☐ No

If you have a fever at or above 100 degrees, OR you answer YES to any of the above, you will be asked to leave the premises and to discuss the details with the Director of Nursing in order to determine your risk/further directives.

Signature of screened individual

How to Protect Yourself and Others

Know how it spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
 - » Between people who are in close contact with one another (within about 6 feet).
 - » Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - » These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - » Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Everyone should

Clean your hands often



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact



- **Stay home if you are sick.**
- **Avoid close contact** with people who are sick.
- **Put distance between yourself and other people.**
 - » Remember that some people without symptoms may be able to spread virus.
 - » This is especially important for **people who are at higher risk of getting very sick**. www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html



cdc.gov/coronavirus

Cover your mouth and nose with a cloth face cover when around others



- **You could spread COVID-19 to others** even if you do not feel sick.
- **Everyone should wear a cloth face cover when they have to go out in public**, for example to the grocery store or to pick up other necessities.
 - » Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- **The cloth face cover is meant to protect other people** in case you are infected.
- Do **NOT** use a facemask meant for a healthcare worker.
- Continue to **keep about 6 feet between yourself and others**. The cloth face cover is not a substitute for social distancing.

Cover coughs and sneezes



- **If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect



- **Clean AND disinfect frequently touched surfaces** daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** You can see a list of [EPA-registered household disinfectants here](#).