

# January Newsletter



## RCHC Specialty Clinic

### Cardiologists

**Dr. Denney:** February 7

**Dr. Markiewicz:** February 11

### Surgeon

**Dr. Kopriva:** February 20

### Orthopedist

**Dr. Sears:** March 6

### Urologist

**Dr. Catanese:** Call to schedule

### Hearing Specialist

**Precision Hearing • Ken Drag:** January 31

### Mental Health

**High Plains Mental Health:** February 14 & 28

### Wound Care Center

**Kyle Herspring, PA-C or Jason Kearns, PA-C:** Every Tuesday

### Diabetic Counseling

**Diane Sis:** February 6, 13, 20, 27

### Speech Therapy

**Kim Lankas**

Call to schedule

### Pelvic Floor Rehabilitation

Call to schedule

### Nephrologists

**Dr. Michael Babigumira**

Call to schedule

**Dr. Rafael Baracaldo Villalba**

Call to schedule

### Dermatologist

**Dr. Tanya Riddle**

Call to schedule

## Like us on Facebook

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Rawlins County Health Center's Facebook page has additional information such as

\*Weekly Clinic Provider Schedule

\*Service Information

\*Health & Wellness Topics

## Wound Care Clinic Success!

Rawlins County Health Center began its Wound Care Clinic in September 2014 and has healed numerous stubborn wounds. The success has enabled both Kyle and Jason to see patients in the wound care clinic. If you have a stubborn wound that is not healing, call 877-295-2273 and get your appointment scheduled to begin the proven effective healing process.

## Ways to save at RCHC

- ✓ 340B Prescription Cash Card program that helps with the cost of expensive medications, especially inhalers, insulin, and heart medications. Call Bailey at 626-3211 ext. 203 or Scott at ext. 131 for more information.
- ✓ Clinic sliding fee scale for moderate to low-income patients, or those with a high deductible insurance plan to lower the cost of the appointment or the cost of your co-pay. Call Bailey at 626-3211 ext. 203 to apply.
- ✓ Direct access labs which allow patients to pay for a lower cost lab upfront, without a doctor's order, instead of running it through your insurance. Check with registration for information regarding direct access labs.

## Physical Therapy is here for you

Rawlins County Health Center is blessed to have a top-notch physical therapy department with state of the art equipment to help you feel better. Cheryl and her team are well educated and have many years of experience. If you need help with pain, mobility, balance, range of motion or urinary incontinence, set up an appointment with Cheryl at 785-626-3211 ext. 270. Cheryl will communicate with your primary care provider, so you do not have to visit them first. Visit <https://www.rchc.us/physical-therapy/> to learn about other services offered at the Rawlins County Health Center Physical Therapy Department!

(785)626-3211 • [www.rchc.us](http://www.rchc.us) • Find us on

**Rawlins Clinic:** Open M-F 8am-5pm & Saturday 9am-Noon

**Emergency Room:** Open 24/7, 365 days a year

Rawlins County Health Center is an equal opportunity provider and employer.