

MASSAGE THERAPIST

MARLA LADUE

Marla attended massage school at Allied Health Institute in Fort Lauderdale, Florida and became a licensed massage therapist in 2012.

"I immediately fell in love with performing massage, and the education I received sent me down a path of personal health and wellness."

While living in Florida Marla received additional certifications in Table-top Thai Massage, Warm Bamboo Massage, Structural Integration Level One and Microcurrent Point Stimulation therapy.

In 2016 Marla moved to sunny Fort Collins, where she continues to work as massage therapist. She enjoys helping clients find and correct postural imbalances and repetitive stress patterns that contribute to chronic pain as well as demonstrating stretching and self care techniques. She specializes in Trigger Point release and Thai-style stretches; however, she also appreciates the benefits of a relaxing Swedish massage.

In her free time, Marla enjoys reading, watching movies, playing disc golf, riding her bike and learning new massage techniques.



Radiant  Balance
M A S S A G E