

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:30am	TRIBE CORI CORE		TRIBE CORI CORE	
6:00am		TRIBE TOM CORE		TRIBE TOM CORE
6:30am	TRIBE CORI FIT		TRIBE CORI FIT	
7:00am				
7:30am	TRIBE GRETA LIFE	TRIBE CORI FIT	TRIBE GRETA LIFE	TRIBE CORI FIT
8:00am				
8:30am				
9:00am				
9:30am	TRIBE FIT	TRIBE TY LIFE	TRIBE FIT	TRIBE TY LIFE
10:00am				
10:30am				
11:00am	TRIBE SHELBY LIFE		TRIBE SHELBY LIFE	
11:30am				
12:00pm	TRIBE MATT FIT	TRIBE GRETA LIFE	TRIBE MATT FIT	TRIBE GRETA LIFE
12:30pm				
1:00pm				
4:30pm	TRIBE DANIEL CORE	TRIBE MATT FIT	TRIBE DANIEL CORE	TRIBE MATT FIT
5:00pm				
5:30pm	TRIBE DANIEL FIT		TRIBE DANIEL FIT	
6:00pm		TRIBE TY LIFE		TRIBE TY LIFE
6:30pm				
7:00pm				

SEASON ONE TRIAL WEEK - Jan 14-18