



# Christmas Hours & Schedule

## Christmas Eve - Monday, December 24

### CLUB HOURS

5:00am - 3:00pm

**Enjoy Alive by Raintree for FREE after RAC closes at 3pm!**

### TREEHOUSE (Childcare) HOURS

8:00am - 12:00pm

### GROUP FITNESS

6:30-7:30am	BodyPUMP	Casha	S1
8:00 - 9:00am	SPRINT	Holly	C
8:00 - 9:00am	H2O Cardio/Strength	Tracy	Pool
9:00 - 10:00am	RAC Cycling	Sandy	C
9:05 - 10:05am	BodyCOMBAT	Carla	S1
10:10 - 11:10am	BodyPUMP	Jerry	S1
10:30-11:30am	Barre Power	Kelsey	S2
11:15 - 11:45am	Core	Sandy	S1
12:00 - 1:15pm	Body Flow	Sarah J	S1

## Christmas Day - Tuesday, December 25

**CLOSED**

# New Year's Hours & Schedule

## New Year's Eve - Monday, December 31

### CLUB HOURS

5:00am - 3:00pm

### TREEHOUSE (Childcare) HOURS

8:00am - 1:15pm

**Enjoy Alive by Raintree for FREE after RAC closes at 3pm!**

### GROUP FITNESS

6:30-7:30am	BodyPUMP	Kayla	S1
8:00 - 9:00am	H2O Cardio/Strength	Tracy	Pool
8:00 - 9:00am	Fit & Fab	Kristen	S1
8:00 - 9:00am	SPRINT	Dani	C
9:00 - 10:00am	RAC Cycling	Sandy	C
9:05 - 10:05am	BodyATTACK	Casha	S1
10:10 - 11:10am	BodyPUMP	Carla	S1
11:15 - 11:45am	Core	Sandy	S1

## New Year's Day - Tuesday, January 1

### CLUB HOURS

5:00am - 12:00am

### TREEHOUSE (Childcare) HOURS

8:00am - 1:00pm

### GROUP FITNESS

8:00 - 9:00am	Fit & Fab	Kirsten	S1
8:00 - 9:00am	SPRINT	Courtney	C
8:45 - 9:45am	Yin Yoga	Kirsten	ES
9:00 - 10:00am	RAC Cycling	Jerry	C
9:05 - 10:05am	BodyCOMBAT	Carla	S1
10:00 - 11:00am	Enlighten Flow	Kelsey	ES
10:10 - 11:10am	BodyPUMP	Laury	S1
11:15 - 11:45am	BodyFLOW	Suki	S1
12:00 - 1:00pm	Cross Train Yoga	Kelsey	S2