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## Adolescent Intake Information Form

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### PERSONAL INFORMATION

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Mobile Phone Number: \_\_\_\_\_

**Email Address:** \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Stepparent's Name(s): \_\_\_\_\_

Brother/sister/stepbrother/sistersister Name(s) and Age(s): \_\_\_\_\_

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### Emergency Contact Information:

Name	Relationship	Phone Number

Do you get along with your parents or stepparents? YES NO Why or why not?

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Do you get along with your siblings or stepsiblings? YES NO Why or why not?

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Which school do you go to? \_\_\_\_\_ What grade are you in? \_\_\_\_\_

How are your grades? Not good Okay Good Very good

What problems do you have in school?

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Do you get in fights or get picked on at school or at home? YES NO If yes, please explain:

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How many close friends do you have? \_\_\_\_\_

Do you have a serious relationship now? YES NO

Do you work? YES NO Where? \_\_\_\_\_

Do you have any hobbies? YES NO What? \_\_\_\_\_

What makes you happy? \_\_\_\_\_

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What worries or upsets you?

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List some of your good qualities (things you like about yourself):

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## CURRENT HEALTH

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

How would you rate your physical health? Poor Average Good

Do you have any physical disabilities? Yes No If so, describe: \_\_\_\_\_

Do you have any specific medical conditions that concern you? Yes No If yes, describe:

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Have you received treatment for these conditions? Yes No

Do you have problems sleeping? Yes No

If so, what types of problems? Difficulty falling asleep Wake often Poor Sleep Habits

Other: \_\_\_\_\_ Have

you experienced any recent changes in your appetite? Yes No

Have you ever had concerns about having an eating disorder? Yes No

How often do you exercise? Very Little 1-2 times a week 3-4 times a week Daily

What type(s) of exercise do you engage in? \_\_\_\_\_

How would you rate your alcohol consumption? None Light Moderate Heavy

Do you ever consume more than 5 drinks in one setting? Yes No How often?

\_\_\_\_\_ Do you use other recreational or illegal drugs? Yes No What do you do for fun or for relaxation?

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How would you rate your social life? Poor Average Good

**Please circle items of concern to you:**

Anxiety/Nervousness	Fear making mistakes Thoughts of cutting or burning myself	Concerns about my weight	Family member's psychological problems
Shyness	Obsessive thoughts	Sexual problems	Family member's alcohol or drug use Family members suicide
Social Problems	Unusual thoughts	Sexual identity	Do you have thoughts of harming or killing yourself?
Stress	Unclear Self Image	Arguments with significant other Break up of important relationship	YES NO
Anger	Excessive Guilt	Death of a significant other	Have you ever attempted suicide? YES NO
Explosive temper	Study Habits	Death of a pet Career concerns	When? _____
Low Energy	Employment Issues	Academic concerns	Do you have thoughts of harming another person?
High Energy	Difficulties Trusting Others	Financial concerns	YES NO
Unhappy most of the time	Belonging to a minority group	Legal concerns	
Cry too often	Concerns about my religious beliefs	Frequent headaches	
Sadness	Daydreaming	Frequent stomachaches	
Difficulties concentrating	Hearing or seeing things that others do not hear or see	Frequent illness	
Loneliness	Body image		
Low self confidence			
Low self esteem			

Please describe other health concerns you have:

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Current medications you are taking (please print):

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**COUNSELING INFORMATION**

Have you been to counseling before? YES NO When? \_\_\_\_\_

What for? \_\_\_\_\_

Did you enjoy it? YES NO Why or why not?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why do you think you are coming to see me?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you came to see me for psychotherapy (not testing), what would you like to change in therapy?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What else is important for me to know?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Patient Signature

Name [Please print]: \_\_\_\_\_

The information contained in this self-report was reviewed with the patient.

\_\_\_\_\_  
Clinician Signature

\_\_\_\_\_  
Date

*This is a strictly confidential patient medical record. Disclosure or transfer is expressly prohibited by law.*