

Q: How are you maintaining sanity during quarantine?

Brian Lockhart: Ha, that assumes sanity is being maintained!

To be honest, I am among the most fortunate of people enduring this pandemic as my life has been disrupted far less than most people. I miss our favorite restaurants and activities, but eating at home with family has been a breath of fresh air as well. I travel extensively and in-person meetings are typically more effective than phone and Zoom calls, but we do the best we can until the restrictions are lifted. I am keenly aware that my ability to work and be with family, including our 3rd grandson born just a month ago, is a blessing I do not take for granted.

The pandemic has provided an opportunity for all of us to evaluate what is important, and could result in a type of resetting of priorities. I have taken advantage of utilizing technology to connect with family that do not live nearby. We do regular Zoom calls to play games together or “have lunch” together, even though we are in different states. We have done work Happy Hours where we connect over technology with adult beverages late on Friday afternoons.

The ability to work from home has allowed me to incorporate regular workouts since I am not on the road, and I enjoy my wine cellar more than I typically get to when traveling. After all, what is the purpose of collecting great wines if you do not take time to enjoy them with the people you love?

Clint Pekrul, CFA: As I’m sure it has been for most people, maintaining some sense of normalcy during the shutdown has been a challenge. What I miss most is not being able to hang out with friends and do basic activities like going to dinner, happy hour, or a concert. It is particularly rough as we move into spring, when the weather is the best we have all year. Living in Denver, I take full advantage of going to several concerts a year at Red Rocks Amphitheater over the spring and summer, but I’m assuming most of the shows will ultimately be canceled. By the way, if you ever have a chance to see a concert at Red Rocks, it’s well worth the time.

I think the best thing you can do is to stay as active as possible, while adhering to the quarantine guidelines. It’s convenient to be able to work from home, but I have to make sure to leave the house and maintain some level of physical activity. With the gyms closed, I’ve resorted to taking several long walks a day. I live in the city but have a fairly big backyard, so I’m able to entertain my pet boxer, Switzer. Also, having a new smoker helps with ribs and brisket for dinner. Overall, the quarantine has been a necessary, but tolerable, inconvenience.