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GENERAL & COSMETIC DENTISTRY FOR ADULTS & KIDS

EXTRACTION: Post Operative Instructions Following Tooth Extraction

Activity

After the surgery, RELAX FOR THE REMAINDER OF THE DAY. AVOID STRENUOUS ACTIVITY for several days.

Discomfort

Some discomfort may be present when the anesthesia wears off. If you have been given a prescription PLEASE TAKE YOUR MEDICATION AS DIRECTED.

Swelling

In order to minimize swelling following surgery, wrap an ice bag in a towel and PLACE THE ICE BAG ON THE FACE in the operated area, 15 minutes on and 15 minutes off, for few hours.

Bleeding

After the surgery there might be slight bleeding and a pink discoloration of your saliva; if this happens place a gauze or moistened tea bag (not herbal tea) on the bleeding site. IF THERE IS PERSISTENT BLEEDING, PLEASE CALL YOUR DOCTOR.

Eating/Drinking

For the next few days avoid anything too hot, cold, hard, sticky or spicy, and preferably CONSUME SOFT FOODS AND LIQUIDS OF MODERATE TEMPERATURE. Do not use a straw, and chew on the side opposite to the surgery.

Oral Hygiene

DO NOT BRUSH/FLOSS THE SURGICAL AREA FOR _____ DAYS, but CONTINUE TO BRUSH/FLOSS IN THE REST OF THE MOUTH. You may also use warm salt-water rinses (1/2 tsp. salt added to a glass of water), but do not rinse your mouth too vigorously.

Smoking

Please DO NOT SMOKE AFTER THE SURGERY for at least 2 weeks because of risk of complications.

Sutures

The stitches will be removed after _____ days.

Remember to contact our office immediately if any unusual symptoms occur. If a problem occurs after hours or on a weekend call emergency number 818-517-1851 leave your name and number, Dr. Kirakosian will call you back as soon as possible.