



**NEW
LOOK
DENTAL**

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ARESTIN POST OP INSTRUCTIONS

- **Don't Touch:** Avoid touching areas of your gums that your hygienist has treated.
- **Wait To Brush:** Wait 12 hours after your treatment with Arestin before brushing your teeth.
- **Wait To Floss:** Do not floss or use toothpicks or any other devices that clean between your teeth for 10 days.
- **Avoid Eating Hard, Crunchy, or Sticky Foods** for 1 week after treatment.
- **Always Follow Up:** Because the bacteria that cause periodontal disease are persistent, the infection can return. Please be sure to make follow-up appointments with your dental hygienist to maintain healthy gums and teeth.
- **Keep Your Scheduled Appointments:** It is important to keep all of your dental appointments so that your dental hygienist can re-examine your gums, make sure the infection is under control, and measure the success of your treatment.