

# The Art of Letting Go

## 11/15/2020

How do I know when the burden is on me to be less sensitive or more secure and thus less prone to being offended?

When opposite parties both hold guilt in a situation, how do you proceed to places of forgiveness?

What do you do when you think a situation has been forgiven and reconciled, but sometime down the road it gets brought up and used against you again?

How can you approach a history of silent responses to hurt within your own family?

When do you choose forgiveness and not confrontation and when is confrontation required? Specifically, how would you describe that line to kids and teens?

In your view, how important is it for the offended to differentiate between what offends the relationship vs what offends them philosophically/theologically?

How does all this interface with the forgiveness offered to us by God?

Do you think your personality type plays into how you are or are not prone to forgive? Are there certain Enneagram types that forgive more easily?

When opposite parties both hold guilt in a situation, how do you proceed to places of forgiveness?

With the constant need forgiveness that comes with family abuse background, do you have any tools that you have found helpful

What does forgiveness mean to you?

What if someone perceives you as doing something malicious but that was not your intent at all but it was taken that way? Should forgiveness be asked?

How do you forgive someone with a black and white nature?

In considering the story of the person who has harmed us, and acknowledging their own hurts, is there risk of minimizing the damage done to our own soul?

What do you think comes first: forgiveness or honesty?

How can we begin to forgive ourselves?

Would you say that the results of forgiveness are examples of Christ at work?

What's the correlation between puppy and Covid?

How do you forgive wounds that come from a cultural misconception of what church should be?