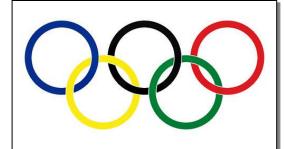




## Boot Camp Olympics!!



Instead of Saturday Boot Camp

**SATURDAY 8/4** 

8 to 10 AM

ENTERPRISE

## **Six Events**

Sandbag Zercher Carry
Sandbag Drag
Inverted Rows
25 Yard Shuttle
Push Ups
Kettlebell Sumo Deadlift

Bring some friends, we will place everyone in teams that morning!

Gold, Silver and Bronze Medals for the best of the best and other fun prizes!