



McCOMBS & ASSOCIATES PHYSICAL THERAPY

We Restore Function

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Levelland Physical Therapy
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Therapists: Dr. Spencer McCombs, MSPT, DPT, OCS, MTC
Dr. Paul Clark, PT, DPT, FDNP Dr. Matthew Furnish, PT, DPT
Dr. Nicholas Mataska, PT, DPT

Outpatient Therapy Prescription

Patient Name: _____ Date of Birth: _____

Diagnosis/ICD10: _____

Date of Injury/Surgery: _____ Home Phone: _____

EVALUATE AND TREAT

CLINICAL GOALS

- ▼ Pain
- ▲ ROM
- ▲ Strength/Endurance
- ▼ Edema
- Restore Function
- Home Exercise Program
- Return to Work

THERAPEUTIC EXERCISE

- HydroWorx® Underwater Treadmill
- Aquatic Therapy
- PROM/AAROM/AROM
- Back/Neck Rehabilitation
- Stretching/Flexibility
- Strengthening
- Gait Training

START TODAY

WORK REHABILITATION

- Onsite Job Analysis
- Job Specific Testing
- Rapid Return-to-Work Program
- Functional Capacity Evaluation
- Work Conditioning/Hardening

SPECIALTY SERVICES

- Trigger Point Dry Needling 
- Kinesio Taping
- Running/Return to Sport Program
- Fall Prevention
- Vestibular Rehabilitation
- TMJ

FITNESS PROGRAM

- Start with Therapy/Progress to Fitness
- Fitness Program Only

CONTINUE TREATMENT

MANUAL THERAPY

- Joint Mobilization
- Soft Tissue Mobilization
- Myofascial Release
- Instrument-Assisted Soft Tissue Mobilization

NEUROMUSCULAR RE-EDUCATION

- Balance/Proprioception
- Stabilization: Back/Extremity
- Posture and Body Mechanics

MODALITIES

- Cold Packs/Hot Packs
- Electric Stimulation/TENS
- Ultrasound
- Iontophoresis/Hybresis

Special Instructions/Comments _____

Frequency/Duration: _____ Times per Week for _____ Weeks

Physician's Signature: _____ Date: _____

I certify that the above plan of care is medically necessary and approved by me.

www.mccombsphysicaltherapy.com