

Leader Heights Spine, Joint & Nerve Associates

Date: _____ Chart # _____ DC # _____

Patient Information: Please print clearly and complete all sections.

Please Circle : Mr. Mrs. Ms. Miss Dr. Rev. *Marital Status:* Single Married Widowed Separated/Divorced

First Name: _____ Middle Name: _____ Last Name: _____

Nickname: _____ DOB: Month _____ Day _____ Year _____ Gender: Male Female

Address: _____ City: _____ State: _____ Zip: _____

Phone: Home (____) _____ Work (____) _____ Cell (____) _____

OK to leave a message on answering machine Do not leave message

Drivers License # _____ State Issued: _____ E-mail: _____

SS # _____ Primary Language: ___ English ___ Spanish Other: _____

Optional: Race: _____ Ethnic group: _____ Religion _____

Employer: _____ Occupation: _____ Emp. Status _____

Spouse / Parent / Legal Guardian Details:

Name: _____ **Relation:** _____

Address if different from patient: _____

Phone: Home (____) _____ Work (____) _____ Cell (____) _____

*DOB: _____ *SS # _____ *Employer _____

* Information needed if Insurance is through Spouse / Parent / Legal Guardian

Primary Pharmacy: _____

Family Dr. : _____ Phone/Address: _____

Specialist Name: _____ Phone/ Address: _____

EMERGENCY CONTACT INFORMATION:

Name: _____ **Relation:** _____

Address if different from patient: _____

Phone: Home (____) _____ Work (____) _____ Cell (____) _____

Person above is authorized to receive Health records/ Treatment details Appt details Financial details

Name: _____ **Relation:** _____

Address if different from patient: _____

Phone: Home (____) _____ Work (____) _____ Cell (____) _____

Person above is authorized to receive Health records/ Treatment details Appt details Financial details

How did you find out about our office? Newspaper TV Radio Insurance Speaking Engagement

Friend / Co-Worker: _____ Other: _____

Are your current symptoms related to a: Motor vehicle accident? Injury at work? If so, when? _____

Primary Ins. Carrier _____ Primary Insured's Name? _____ DOB _____

Secondary Ins. Carrier _____ Primary Insured's Name? _____ DOB _____

What is the reason for today's visit?

- | | | |
|--------------|------------------|---------------|
| Ankle Pain | Foot Pain | Joint Pain |
| Arm Pain | Generalized Pain | Knee Pain |
| Back Pain | Groin Pain | Leg Pain |
| Buttock Pain | Hand Pain | Neck Pain |
| Chest Pain | Headache | Shoulder Pain |
| Facial Pain | Hip Pain | Thigh Pain |

Have you ever been seen by an physician for these symptoms? Yes No

If Yes, who _____ Phone: _____

When did the Pain begin? _____

Please rate from (0 - 10) 0 - Pain free / 5 - Can't be ignored / 10 - Pain makes you pass out
Current level of pain _____ Worst pain level you've had _____ Pain level at its best _____

How would you describe your pain?

- Aching Throbbing Shooting Stabbing Sharp Burning
 Dull Tingling Constant Intermittent other: _____

Is your pain the result of an: Illness Accident Injury Explain: _____

Are you presently involved in litigation or a lawsuit resulting from the accident? No Yes

Are you being treated under Worker's compensation? No Yes

Please indicate if the following **increases** your pain

- | | | | |
|----------------------------------|--|--|--|
| <input type="checkbox"/> Cold | <input type="checkbox"/> Heat | <input type="checkbox"/> Weather changes | <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> Massage | <input type="checkbox"/> Pressure | <input type="checkbox"/> Movement | <input type="checkbox"/> Lying down |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Standing | <input type="checkbox"/> Urination | <input type="checkbox"/> Bowel movement |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Sneezing/ Cough | <input type="checkbox"/> Stress | <input type="checkbox"/> Nothing |

Please indicate if the following **decreases** your pain

- | | | | |
|----------------------------------|--|--|--|
| <input type="checkbox"/> Cold | <input type="checkbox"/> Heat | <input type="checkbox"/> Weather changes | <input type="checkbox"/> Physical Activity |
| <input type="checkbox"/> Massage | <input type="checkbox"/> Pressure | <input type="checkbox"/> Movement | <input type="checkbox"/> Lying down |
| <input type="checkbox"/> Sitting | <input type="checkbox"/> Standing | <input type="checkbox"/> Urination | <input type="checkbox"/> Pain Medication |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Sneezing/ Cough | <input type="checkbox"/> Rest | <input type="checkbox"/> Nothing |

Have you received any of the following treatments for the pain? If yes, when and did it help?

Received:		Pain Relief:	Date Done:
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Nerve Blocks	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Epidural Steroid	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Spinal Stimulator	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	TENS unit	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Physical Therapy	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Traction	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Acupuncture	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Chiropractic Care	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Psychiatric Care	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Hypnosis	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____
<input type="checkbox"/> Yes <input type="checkbox"/> NO	Bio-Feedback	<input type="checkbox"/> Yes <input type="checkbox"/> NO	_____

What Medications have you used in the past to treat your pain, including non-prescription medications?

- Over the counter Non-Steroidal Anti-Inflammatory Pain Killers Muscle Relaxants

Using a 0-10 scale (0 being non functional and 10 being fully functional) rate the below selections

- | | | |
|---|--|--|
| <input type="checkbox"/> General Activity | <input type="checkbox"/> Normal Work Routine | <input type="checkbox"/> Relationships with others |
| <input type="checkbox"/> Mood | <input type="checkbox"/> Sleep | <input type="checkbox"/> Enjoyment of life |
| <input type="checkbox"/> Walking Ability | <input type="checkbox"/> Appetite | |

What are your goals?

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Return to work | <input type="checkbox"/> Improved mood | <input type="checkbox"/> Increased socialization | <input type="checkbox"/> Play with kids |
| <input type="checkbox"/> Relieve pain | <input type="checkbox"/> Get Rid of Numbness | <input type="checkbox"/> Walk | <input type="checkbox"/> Sleep |
| | | | <input type="checkbox"/> Other |

Social History

Number of Children _____

Nature of Exercise _____

Are you concerned about the amount you drink? Yes No _____

Do you drink alcohol ? Never Daily Weekly 1x-2x wk 3x + wk Rarely

If yes, what kind _____

Do you use tobacco? Yes Never Recently Quit Quit 1yr + Occasionally

Caffeine intake None Few times wk 1-2 wk 3-5 wk 6 or more a wk

Do you use recreational or street drugs? Never used History of use Current use

If yes, was it with a needle? No Yes

Type of job held _____ Active Retired / unemployed now

Job related physical activity: Sedentary Light Moderate Heavy

Nature of work: Computer related Prolonged Standing Highly Stressful

Occupational Exposure: None Current History of exposure

Exposure to health hazards: None Dust 2nd hand smoke Paints Fumes
 Solvents Noise other hazards

Duration of Current profession: _____ years _____ months _____ days

Stress level at work: Low Medium High

Allergies

No Known Drug Allergy

Penicillin Narcotics Sulfa Drugs Erythromycin Cephalosponns

Latex Iodine Dyes Peanuts Shellfish Eggs / Poultry

Pet Dander Seasonal Allergies Dust

{ _____ } { _____ }

{ _____ } { _____ }

{ _____ } { _____ }

Current Medications

No Current Medications

List of : { _____ } { _____ }

{ _____ } { _____ }

{ _____ } { _____ }

{ _____ } { _____ }

{ _____ } { _____ }

Past Surgical History

No prior surgeries

Type: _____	When: _____
Type: _____	When: _____
Type: _____	When: _____
Type: _____	When: _____
Type: _____	When: _____
Type: _____	When: _____
Type: _____	When: _____

Past Medical History

No Past Medical problems

<input type="checkbox"/> AIDS or HIV+	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Stroke	<input type="checkbox"/> Tuberculosis
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Chronic Lung Disease	<input type="checkbox"/> Shingles
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Epilepsy/Seizures	<input type="checkbox"/> Limb circulation
<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Cancer	<input type="checkbox"/> Kidney Problems
<input type="checkbox"/> Neuropathy	<input type="checkbox"/> Gout	<input type="checkbox"/> Bulging / Herniated Disk

Other: _____

Family History

No Known Family History

Illness:	Relation:
<input type="checkbox"/> Cancer	_____
<input type="checkbox"/> Diabetes	_____
<input type="checkbox"/> Epilepsy	_____
<input type="checkbox"/> High Blood Pressure	_____
<input type="checkbox"/> Stroke	_____

Other: _____

Current review of symptoms:

Fever	___ Denies	___ Reports	Headache	___ Denies	___ Reports
Night Sweats	___ Denies	___ Reports	Dizziness	___ Denies	___ Reports
Weight loss	___ Denies	___ Reports	Double vision	___ Denies	___ Reports
			Loss of vision	___ Denies	___ Reports
Asthma	___ Denies	___ Reports	Pain in eyes	___ Denies	___ Reports
Coughing up blood	___ Denies	___ Reports	Earaches	___ Denies	___ Reports
Wheezing	___ Denies	___ Reports	Discharge from ears	___ Denies	___ Reports
			Freq. nose bleeds		
Chest pain	___ Denies	___ Reports	Sinus problems	___ Denies	___ Reports
Poor circulation	___ Denies	___ Reports	Sore throat	___ Denies	___ Reports
Blood clots	___ Denies	___ Reports	Swallowing difficulty	___ Denies	___ Reports
Irregular heart beat	___ Denies	___ Reports	Taste Difficulty	___ Denies	___ Reports
Thumping in the chest	___ Denies	___ Reports	Hoarseness	___ Denies	___ Reports
Ankle swelling	___ Denies	___ Reports	Neck pain	___ Denies	___ Reports
Feet swelling	___ Denies	___ Reports	Neck lumps	___ Denies	___ Reports
Blood in urine	___ Denies	___ Reports	Abdominal pain	___ Denies	___ Reports
Kidney stones	___ Denies	___ Reports	Indigestion	___ Denies	___ Reports
Difficulty in urination	___ Denies	___ Reports	Heart burn	___ Denies	___ Reports
Inability to control urine	___ Denies	___ Reports	Nausea/vomiting	___ Denies	___ Reports
			Vomiting of blood	___ Denies	___ Reports
Muscle pain	___ Denies	___ Reports	Freq. constipation	___ Denies	___ Reports
Shoulder pain	___ Denies	___ Reports	Freq. diarrhea	___ Denies	___ Reports
Back pain	___ Denies	___ Reports	Stomach Ulcer	___ Denies	___ Reports
Morning stiffness	___ Denies	___ Reports	Pain bowel movement	___ Denies	___ Reports
Arthritis	___ Denies	___ Reports	Chronic bloating	___ Denies	___ Reports
Swollen Joints	___ Denies	___ Reports	Blood in stool	___ Denies	___ Reports
			Hemorrhoids/piles	___ Denies	___ Reports
Excessive thirst	___ Denies	___ Reports	Jaundice	___ Denies	___ Reports
Heat / Cold intolerance	___ Denies	___ Reports			
Excessive urination	___ Denies	___ Reports	Seizures	___ Denies	___ Reports
Thyroid problem	___ Denies	___ Reports	Loss of strength	___ Denies	___ Reports
			Fainting spells	___ Denies	___ Reports
Anemia	___ Denies	___ Reports	Poor coordination	___ Denies	___ Reports
Easy bruising	___ Denies	___ Reports	Tremors	___ Denies	___ Reports
Blood Transfusions	___ Denies	___ Reports			
			Anxiety	___ Denies	___ Reports
Itching	___ Denies	___ Reports	Depression	___ Denies	___ Reports
Rashes	___ Denies	___ Reports	Mood Swings	___ Denies	___ Reports
Boils	___ Denies	___ Reports	Nervousness	___ Denies	___ Reports
Hives	___ Denies	___ Reports	Sleeping difficulty	___ Denies	___ Reports