

Cathy (Ruf) Koger, D.O.

Education:

- **A.T. Still University-Kirksville College of Osteopathic Medicine**
Doctor of Osteopathic Medicine, May 15, 2010
- **University of Michigan**, Ann Arbor, MI 1992-1996
Bachelor of Science in Mechanical Engineering, December 1996

Post Graduate Training:

Northeast Regional Medical Center/Cleaver Dermatology: Kirksville, MO (July 2011- August 2014)

Dermatology Resident

- Training includes weekly clinical and hospital patient care, dermatologic surgeries (including Mohs Micrographic Surgeries), dermatologic procedures, cosmetic procedures and dermatopathology
- Participate in daily resident didactics, as well as didactics for medical students and hospital interns/residents

Northeast Regional Medical Center: Kirksville, MO (July 2010-June 2011)

Hospital Intern

- Traditional rotating intern

Publications:

1. Examination of Incompletely Excised Non-Melanoma Skin Cancers: **Cathy Koger**, Roxanne Rajaii, Vanessa Pazdernik, Kelby Martens, Jonathan L. Cleaver, Lloyd J. Cleaver; *Journal of the American Academy of Dermatology* (submitted for publication 7/2014)
2. Microcystic Adnexal Carcinoma in a 7-Year Old Female: A Case Report and Discussion: **Cathy Koger**, Chris Weyer, Lloyd J. Cleaver, Michael B. Morgan; *Journal of the American Osteopathic College of Dermatology*. Fall 2012, pgs 36-38
3. Persistent Skin Lesions in a 75-Year-Old Man-Quiz Case: **Cathy Koger**, Diane Kallgren, Cathy Pacocha; *Arch Dermatol*. March 2011; 147(3): 345-350
4. D3's of Skin Care: by Cathy Koger. Online article published in D3 Multisport Monthly Newsletter November 2009. <http://www.d3multisport.com/newsletter/2009/November/>
5. OTL Mapping for Acute Functional Tolerance to Ethanol in the LXS Recombinant Inbred Panel: Beth Bennett, Chris Downing, Phyllis Carosone-Link, Heather Ponicsan, **Cathy Ruf**, and Thomas E. Johnson; *Alcoholism: Clinical and Experimental Research*, Vol 31, No. 2, 200-208; Feb. 2007
6. Confirmation and Genetic Dissection of a Major Quantitative Trait Locus for Alcohol Preference Drinking: **Cathy Ruf**, Phyllis Carosone-Link, Justin Springett, and Beth Bennett; *Alcoholism: Clinical and Experimental Research*, Vol 28, No. 11, 1613-1621; Nov. 2004

Abstracts/Presentations:

1. *Vexing Adnexae a Clinical and Histologic Review*: Senior resident presentation at the American Osteopathic College of Dermatology Meeting, October 2013
2. *Expanding Facial Mass on an Elderly Woman*: Gross and Microscopic presentation at the American Academy of Dermatology, March 2013
3. *Persistent Skin Lesions in a 75-Year-Old Man*: Poster presentation at the Orlando Dermatology and Aesthetic Conference, January 2013
4. *Confirmation and Genetic Dissection of a Major Quantitative Trait Locus for Alcohol Preference Drinking*: Poster presented at Research Society of Alcoholism Conference in Vancouver, Canada-June 2004
5. *Comparison of Bone Growth Rates To Mechanical Parameters in a Three Dimensional Model of the Rabbit Distal Femur*: Lerner, A.L., Ruf, C.L., Hollister, S.J., Kuhn, J.L. Abstract submitted for 42nd Annual Orthopedic Research Society Meeting, Feb. 1996
6. *Application of Articular Joint Loads to a Digital Image Based Model of the Distal Femur*: Lerner, A.L., Ruf, C.L., Kuhn, J.L., Hollister, S.J. Abstract submitted for 42nd Annual Orthopedic Research Society Meeting-Feb. 1996

Awards and Honors:

- Rossnick Humanitarian Award Recipient 2014
- Resident of the Year Northeast Regional Medical Center (2013-2014)
- Professionalism Award Northeast Regional Medical Center (2013-2014)
- ARTE Scholarship for Orlando Dermatology and Aesthetic Conference: January 2013 and 2014
- Cosmetic Surgery Forum Grant: Las Vegas, NV, December 2012
- Still OPTI Scholarship Award for AOCD Conference: October 2012, September 2013
- Northeast Regional Medical Center Professionalism Award 2012
- Northeast Regional Medical Center Intern of the Year (2010-2011)
- Sigma Phi Honor Society Nominee (March 2008)
- ATSU Above and Beyond Humanitarian Award (November 2007)
- Carol Funk Memorial Endowment Recipient (March 2007)

Research:

University of Colorado Institute of Behavioral Genetics: Boulder, CO (Feb 2003-January 2006) *Professional Research Assistant (PRA) for Alcoholism studies*

- Involved in research identifying behavioral genetics related to a variety of alcohol-related phenotypes, including preferential drinking, alcohol-induced hypothermia, tolerance, and aggression in mouse models

University of Michigan Orthopedics Lab: Ann Arbor, MI (May-August 1995) *Summer Research Intern*

- Assisted in experimental studies of stress and bone growth rates in rabbit femurs
- Designed a system for modeling muscle/ligament loads to determine contact areas on distal femur surface

Clinical Experience:

Kallgren Dermatology: Boulder, CO (February 2006-August 2006)
Medical Assistant to Dr. Diane Kallgren

- Performed/assisted with patient history and physical evaluations, EMR documentation, biopsies, and surgical procedures

Clinica Campesina: Denver, CO (August 2004-December 2004)

Volunteer with Dr. Chris Fellenz

- Assisted with routine physicals, gynecological exams, well-child checks, ultrasounds, and non-stress tests in a medically underserved clinic

Boulder Center for Sports Medicine: Boulder, CO (November 2001-December 2002)

Volunteer in Rehabilitation Area

- Assisted physical therapists, certified athletic trainers, and physician assistants with patient rehabilitative treatments

Volunteer/Community Involvement:

- Camp Discovery Medical Staff and Counselor, St. Cross Minnesota (June 2014)
- Cleaver Dermatology Skin Cancer Screenings (2011-2014)
- Medical Staff for Forest Lake Area Trail System Half Marathon (Oct. 2011)
- Volunteer Physician for Schuyler and Kirksville School Physicals (2011)
- Monthly Community Skin Cancer Screenings at Fleet Feet Sports in Boulder, Colorado (2009-2010)
- *Expanding Your Horizons* Youth Science Program Instructor and winner of best demonstration (February 2010)
- OMT Student Instructor for Nurse Practitioner's Symposium in Colorado (July 2009)

Professional Involvement:

- **Member**-American Osteopathic College of Dermatology (AOCD), 2009-present
- **Member**-American Academy of Dermatology (AAD), 2011-present
- **Member**-American Medical Association (AMA), 2012-present
- **Vice President**-Undergraduate American Academy of Osteopathy (UAAO), 2007-2008
- **Vice President**-Physicians for Social Responsibility (PSR), 2007-2008
- **First Year Representative**-UAAO, 2006-2007
- **First Year Representative**-National Osteopathic Women Physician's Association (NOWPA), 2006-2007
- **Head Coach and CEO**-"Tri It in 2007" ATSU Triathlon Training Group

Employment:

IBM Mylex Corporation/LSI: Boulder, Colorado (July 2001-January 2003)

Product Development Engineer

Raytheon Systems Company: Dallas, Texas (June 1999-June 2001)

Product Development Engineer for Circuit Card Assemblies (CCAs)

Texas Instruments/Raytheon Systems Company: Lewisville, Texas (June 1997-1999)

Manufacturing and Process Engineer for Circuit Card Assembly Productions

Personal:

- **USA Triathlon Member**, (2000-present)
 - Competed in triathlons of all distances
 - Alternate for age group USA Triathlon Team in 2002
 - Honorable Mention in USAT Rankings 2003

- Age Group Winner in 5430 Triathlon Series in 2005
- **Bolder Boulder Training Club Running Coach** (Boulder, CO 2003-2005)
- **Fast Forward Sports Running and Triathlon Coach** (Boulder, CO 2005-present)
- **Fleet Feet Triathlon Team** (Boulder, CO 2002-2010)
- **Rocky Mounts/Izze Cycling Team** (Boulder, CO 2008-2009)