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March 20, 2020

Innerspace Counseling, LLC – COVID 19 Update

Innerspace Counseling will be providing Telehealth Services for each of our Intensive Outpatient and Partial Care programs.

Our patient's mental health needs and wellbeing are of utmost importance to our staff. This Coronavirus pandemic and need for social distancing makes providing in person treatment a risk to our patients and staff. For the wellbeing of our staff and patients our location will be closed as of today, March 20th, 2020. To provide the best level of care possible during this time, we will be shifting to a HIPPA compliant telehealth platform as of Monday, March 23rd, 2020. All individual sessions, groups, medication management, and family sessions will be available through our telehealth platform until it is safe for everyone to return to our facility. All patients are being notified and will be counseled on how to utilize our telehealth services. Every one of our patients will have their mental health needs met through this crisis.

Innerspace Counseling will be accepting new patients during this time. Any individual or provider referrals can be made by calling our main number at 732-332-8270.

Innerspace Counseling will continue to provide the highest level of care possible. We appreciate the patience, flexibility, and understanding of our patients, staff, and referral sources. Please contact us at (732) 332-8270 with any questions or concerns.

Thank you,

The Team at Innerspace Counseling

