



Dr. Beth Firestein
Licensed Psychologist
(970) 635-9116
firewom@webaccess.net

YOUR RIGHTS AS A CLIENT

CONFIDENTIALITY

Information provided by and to a client during therapy sessions is legally confidential if a therapist is a licensed psychologist or an unlicensed therapist who is supervised by a licensed professional. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's informed consent.

The following exceptions to the general rule of legal confidentiality apply: suspected child abuse or child sexual abuse, abuse of a dependent elderly person, potential harm to you or others (imminent danger to self or others), defense in a legal action taken against me, collection proceedings, insurance reimbursement, or if I am ordered by a court of law to release information. You should be aware that, except in the case of information given to a licensed psychologist, legal confidentiality does not apply in criminal or delinquency proceedings.

Special guidelines apply to confidentiality as applied to minor children and these may vary with the age of the child and the circumstances under which they are receiving therapy services. These confidentiality issues will be discussed individually with minors and/or their parents, as appropriate.

YOUR RIGHTS AS A CLIENT IN THE STATE OF COLORADO

The practice of both licensed and unlicensed psychotherapists is regulated by the Colorado Department of Regulatory agencies. Any questions, concerns, or complaints regarding the practice of mental health services may be directed to the Colorado State Grievance Board, 1560 Broadway, Suite 1340, Denver, CO 80202. The phone number is (303) 894-7766.

According to Colorado law and the Ethical Principles of Psychologists published by the American Psychological Association (APA), you are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I am able to determine it), and my fee and payment structure. Please ask if you would like to receive this information. You may also seek a second opinion from another therapist or terminate therapy at any time.

In a professional relationship such as ours, sexual intimacy between a therapist and a client is never appropriate and violations should be reported to the Grievance Board.