

# 2018 - 2019

The Primary Academy

## ACADEMIC YEAR CLASS SCHEDULE

### CREATIVE BALLET, PRE BALLET, BALLET 1, 2 & INTERMEDIATE BALLET

#### MONDAYS

4:45pm - 6:15pm                      Ballet 2 (Ages 10 - 11)

#### TUESDAYS

4:30pm - 5:15pm                      Creative Ballet | Beginner & Advanced\* (Ages 3 - 4)  
5:30pm - 6:15pm                      Pre-Ballet (Ages 5 - 6)  
6:30pm - 8:00pm                      Intermediate Ballet

#### THURSDAYS

4:30pm - 5:15pm                      Pre-Ballet I (Ages 5 - 6)  
5:30pm - 6:30pm                      Ballet 1 (Ages 7 - 9)  
6:30pm - 7:45pm                      Intermediate Ballet

#### SATURDAYS

10:00am - 10:45am                    Creative Ballet | Beginner (Ages 3 - 4)  
10:45am - 11:15am                    Creative Ballet | Advanced\* (Ages 3 - 4)  
11:30am - 12:15pm                    Pre-Ballet (Ages 5 - 6)  
12:30pm - 1:30pm                      Ballet 1 (Ages 7 - 9)

*\*Creative Ballet classes labelled "advanced" denote students ages 3 - 4 who have had at least 1 year of ballet classes.*

# 2018 - 2019

## The Pre-Professional Academy

### ACADEMIC YEAR CLASS SCHEDULE

#### PREPARATORY BALLET

##### MONDAY

6:15pm - 7:45pm

Ballet Technique

##### THURSDAY

5:00pm - 7:00pm

Ballet Technique

7:00pm - 7:30pm

Stretch and Conditioning

##### FRIDAY

5:00pm - 7:00pm

Ballet Technique

7:00pm - 7:30pm

Pointe Technique

##### SATURDAY

10:00am - 11:30am

Ballet Technique

11:30am - 12:30pm

Pointe Technique

#### PRE PRO 1 & 2

##### MONDAY

4:45pm - 6:00pm

Pointe Technique (Pro 1 and 2)

6:00pm - 8:00pm

Ballet Technique (Pro 1 and 2)

##### TUESDAY

4:30pm - 8:00pm

Pro 1 and 2

##### WEDNESDAYS

4:45pm - 6:00pm

Pointe Technique (Pro 2)

4:45pm - 6:15pm

Ballet Technique (Pro 1)

6:15pm - 8:15pm

Ballet Technique (Pro 2)

6:15pm - 7:15pm

Pointe Technique (Pro 1)

##### THURSDAYS

5:00pm - 7:30pm

Ballet Technique (Pro 1)

7:30pm - 8:00pm

Stretch and Conditioning (Pro 1)

##### FRIDAY

4:00pm - 6:00pm

Ballet Technique (Pro 2)

6:00pm - 7:00pm

Pointe / Variations (Pro 2)

##### SATURDAY

12:00pm - 1:30pm

Ballet Technique (Pro 1 and 2)

1:30pm - 2:45pm

Contemporary (Pro 1 and 2)