**BREAKFAST & SNACK MENU**

**March 2019**

®

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| --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | |
|  |  |  |  | 1  B: French Toast Sticks & Raisins  S: Graham Crackers & Applesauce | |
| 4  B: Raisin Bran & Strawberries  S: Goldfish & Apples | 5  B: Cheerios & Bananas  S: Humus & Pretzels | 6  B: Life Cereal & Apples  S: Whole Grain Ritz Crackers & Raisins | 7  B: Corn Flakes & Clementine  S: Wheat Crackers & Yogurt | 8  B: Multi Grain Cheerios & Bananas  S: Low Fat Cheddar Cheese & Saltine Crackers | |
| 11  B: Corn Flakes & Bananas  S: Pretzels & Mozzarella Cheese | 12  B: French Toast Sticks & Strawberries  S: Graham Crackers & Pears | 13  B: Raisin Toast, Cream Cheese & Bananas  S: Corn Chips & Tomato Salsa | 14  B: Multi Grain Cheerios & Raisins  S: Saltine Crackers & Low Fat Cheddar Cheese | 15  B: Kix Cereal & Apples  S: Yogurt & Whole Grain Ritz Crackers | |
| 18  B: Waffles & Applesauce  S: Goldfish & Pears | 19  B: Multi Grain Cheerios & Banana  S: Whole Grain Ritz Crackers & Raisins | 20  B: Raisin Bran & Strawberries  S: Pretzels & Humus | 21  B: French Toast Sticks & Clementines  S: Wheat Crackers & Pears | 22  B: Life Cereal & Apples  S: Graham Crackers & Applesauce | |
| 25  B: Raisin Toast, Cream Cheese & Pears  S: Goldfish & Applesauce | 26  B: Corn Flakes & Strawberries  S; Saltine Crackers & Plum | 27  B: Muliti Grain Cheerios & Banana  S: Corn Chips & Tomato Salsa | 28  B: Waffles & Peaches  S: Pretzels & Raisins | 29  B: French Toast Sticks & Strawberries  S: Yogurt & Whole Grain Ritz Crackers |

* Children Ages 1-2 years old will be served 4 oz of whole milk.

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* Children Ages 3-5, 6-12, 13-18 years old will be served

6 oz of 1% milk.

* All children are served water with snack