



ABOUT HOT GROUND GYM®

Hot Ground Gym® was founded in 2013 by two military veterans. Doug Gialds a veteran of the United States Marine Corps and Paul Plotkin a veteran of the Israeli Special Forces.

Being young fathers ourselves, we realized that there are many kids programs that are too traditional, lacking in character development content, based on rehearsed skills and introduced to kids as if they were adults. We wanted something else to our children. So we decided to create our own program. We invested a lot of time to create a comprehensive program that can help kids grow strong physically, mentally while they have fun.

Hot Ground Gym® is not a typical gym, It is a lifestyle. Each kid has an opportunity to unfold their full potential, through a unique training experience at Hot Ground Gym®.

Hot Ground Gym® offers 4 services; Junior Boots™ after school program, Obstacle Course Birthday Parties, Leadership Camps and Mobile Training.

"Hot Ground Gym® is a movement, not a gym. It is a clever and sophisticated method of introducing kids to physical activities, in conjunction with creative character development missions." Founders of Hot Ground Gym®

ABOUT OUR CONCEPT:

Hot Ground Gym® is a revolutionary concept that was designed by the two military veterans. The idea was to create a comprehensive training program for kids that incorporates physical training, critical thinking and character development. The concept is built upon a "boot camp" type setting. The "boot camp" setting is represented in a nonaggressive way we call it "Firm but gentle". This type of setting allows us to effectively implement our *5-dimensional concept™ (5DC™). 5DC™ consists of the five fundamental pillars; teamwork, leadership, critical thinking, obstacle course fitness, and discipline. This type of training boosts strength, confidence, cooperation while learning essential life skills.







OURFROGRUM

Our program is comprised from various important elements to make our campers strong mentally, physically and have the best time of their lives. The goal of the camp is to expose kids to variety of skills, experiences, scenarios and challenges so that they can be engaged in active activities while learning interesting skills. Our camp is fun, creative, supportive and positive. Every kid will inspire, motivate and lead by example among their pears. Our winter camp is a full day camp with lots of fun, educational and social content. We can accomplish this by keeping our camp groups small with hand picked instructors who bring real life experiences and lead by example to inspire kids to become great.

BEST WINTER CAMP!

ACTIVITIES

- FULL SCALE INDOOR OBSTACLE COURSE - PARKOUR
 - PANNUAN
- SURVIVAL SKILLS
- AMERICAN NINJA WARRIOR TRAINING
 - -ARTS AND CRAFTS
 - FIRST AID SKILLS
 - -WINTER OUTDOOR EXPLORING
 - FUN TEAM BUILDING DRILLS
 - AIRSOFT
 - ARCHERY
 - DAILY MISSIONS





ENROLLMENT FORM

PARENT/GUARDIAN FIRST NAME		LAST NAME	
EMAIL			
HOME PHONE ————	CELL PHONE ———	WORK PHONE ————	
STREET ADRESS	CITY	STATEZIP	

Hot Ground Gym® Winter Camp will meet from 9:00 a.m. to 4:00 p.m. on the following days December 27,28,29,30 / 2016 & January 3,4,5,6 / 2017 Our facility is located at 1938 Raymond Dr, Northbrook, IL, 60062.

PLANS AND CAMP FEES

Full Day Camp

Per diem: \$120 3 days: \$300

Half Day Camp (9am-12pm)

Per diem: \$65 3 days: \$175

QUESTIONS? INFO@HOTGROUNDGYM.COM 847.897.6688

DEPOSITS AND BALANCE OF FEES POLICY DISCLOSURE:

A deposit of \$100 per camper is required at time of registration.

Remaining balance must be paid in full on or before December 1, 2016.

Hot Ground Gym® reserves the right to cancel enrollment if all fees are not paid in full by December 1, 2016.

After December 1, 2016, all samp fees are

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CANCELLATION AND REFUND POLICY:

Deposits are refundable until December 1, 2016, minus a \$60 non-refundable, non-transferable retainer fee.

Deposits are not refundable after December 1, 2016. After December 1, 2016, 50% of camp fees will be refunded until December 9, 2016 for any

cancellations or revisions.

NO REFUNDS WILL BE ISSUED FOR
CANCELLATIONS OR REVISIONS AFTER
DECEMBER 9,2016.

NO REFUNDS WILL BE ISSUED FOR ANY REASON DURING CAMP DAYS.

First Camper	Second Camper			
First name Last name	First name Last name			
Age	Age			
FULL DAY SELECTION ONLY	FULL DAY SELECTION ONLY			
T W Th F # of selected days	T W Th F # of selected days			
Week 1 11/27-11/30	Week 1 11/27-11/30			
Week 2 1/3-1/6	Week 2 1/3-1/6			
TOTAL # OF FULL DAYSx\$120(per day)= \$ Grand total: \$	TOTAL # OF FULL DAYSx\$120(per day)= \$ Grand total: \$			
HALF DAY SELECTION ONLY	HALF DAY SELECTION ONLY			
T W Th F # of selected days	T W Th F # of selected days			
Week 1 11/27-11/30	Week 1 11/27-11/30			
Week 2 1/3-1/6	Week 2 1/3-1/6			
TOTAL # OF HALF DAYSx\$65(per day)= \$ Grand total: \$	TOTAL # OF HALF DAYSx\$65(per day)= \$ Grand total: \$			
PAYMENT METHOD & CONFIRMATION				
Credit Card Over the phone payment Check enclosed				
FULL NAME:				
Credit card number EXP Date CVV				
By signing this form, I authorize all payments and conditions shown above.				
Signature: Date:				