

About Your Initial Consultation

The *primary purpose* of the Initial Consultation is to provide you with the opportunity to explain your situation, circumstances, condition, symptoms and diagnosis *and be heard*. The Initial Consultation Form is designed to facilitate this exchange of information.

The Initial Consultation Form

Another major purpose of the Initial Consultation is for me to explain to you the nature of the health model that I work in: Functional Medicine; Functional Nutrition. I will explain briefly the key principles of the “Functional” Health Model and then explain the Seven Root Cause areas responsible for all Digestive Illness.

I will explain to you in clear detail how my program works and what the costs are. I will explain to you how I will guide you through a step by step process to address the seven root cause areas and how, by doing this with my guidance and support, you will get better.

The Initial Consultation Form takes between 30-60 minutes to fill out. Take your time. The more detailed the information you can provide, the easier it is for me to assist you. The Initial Consultation itself takes 60-90 minutes to complete. Typically, this is a phone consultation. Sometimes it is a video conference using Skype or Zoom.

When I receive your filled-out Initial Consultation Form via email, I will phone you with available options for your appointment time. At the time of our scheduled appointment, I will phone you. I will go over your form in advance of our call and be well prepared to discuss your situation and how my program will help you.

The fee for the Initial Consultation is \$225. Once your appointment has been confirmed I will send you an invoice via email that you can pay via credit/debit card via PayPal. Instructions about how to do this accompany the invoice and they are easy to follow. And, you do not have to be a PayPal member (or become a member) to use this service.

If you have any questions, or need any clarifications before you take the next step, please phone me at 413-536-0275 during the day Monday thru Friday from 9 am to 5 pm ET or email me at russellmariani@healingdigestiveillness.com

I look forward to working with you.

Russell Mariani