

“Today’s  
technology  
with good  
old-fashioned  
integrity”

# GUNDLACH’S

Established 1900 • Lic. 1338

**327-3052**

**PLUMBING • HEATING • AIR CONDITIONING**

## MY WORD

BY KEN WONDERLY



Hello  
Friends,

Thanks for  
being one of  
our valued customers!

We appreciate every one  
of our customers and are  
grateful this newsletter  
gives us the opportunity  
to stay in touch.

Summer is such a busy  
time for most households  
that your HVAC system  
can start to experience a  
strain from the extra  
activity. If you’d like for  
us to check out any  
issues you may be  
noticing, just let us know.

We have enjoyed visiting  
with many of you  
recently to talk about  
how we can help you  
make improvements,

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— IT’S ABOUT TIME! —

## When to Call a Professional

“Can I do this on my own, or  
do I need to call a pro?” This  
is a question asked by many  
homeowners who enjoy tackling  
their own home repairs. For those  
who are good with tools and don’t  
mind the mess, there  
are a number of quick  
plumbing fixes you can  
do on your own, such  
as changing out a toilet  
flapper or replacing a  
faucet washer.

But if, for example,  
you have low water pressure or  
don’t have hot water in your home,  
these fixes take more skill. And as  
you go further into the workings of  
your system, including sewer line  
or main line problems, the repairs  
become even more complicated.

Whenever the repair is above your  
head, put the job in the hands of  
a pro. Besides extensive technical

training, hands-on experience  
and deep product knowledge,  
professionals are licensed for  
the work and also understand  
the permit requirements that are  
needed for many improvements.

Selecting the right contractor for  
work in your home is an important  
decision. Along with seeking

recommendations from  
family and friends, you’ll  
want a company that has  
been in business long  
enough to demonstrate  
stability. Also, look for  
guarantees and any  
warranties that the  
work and products will

live up to your satisfaction and  
their promise. If you’re comparing  
estimates, price alone is not your  
best measure. Make sure you know  
which products or fixtures will be  
used to determine a comparison.

We appreciate your trust in  
us. Please call when you have  
plumbing problems or home  
improvement plans.





## Grill Safely This Summer

— HOT NEWS NOW —

### How Routine Maintenance Saves You Money

“Neglect” is never the best choice for maintaining the systems that run your home, though many homeowners unfortunately follow that regrettable model. This regret hits home most often during a plumbing emergency that often could have easily been prevented with early detection and attention. Routine plumbing maintenance helps homeowners avoid serious problems that can add higher expenses to untimely repairs.

Your plumbing system is made up of a wide array of components, including pipes, drains, toilets, faucets and a water heater. Maintenance helps keep these combined components in working order so that small problems stay small – and homeowners don’t have to deal with big messes and uncomfortable inconveniences.

Many problems start small but can grow bigger and cause additional damage – sometimes quite quickly. For example, a small drip may only seem like an annoying sound at first, but it also is a waste of water that can significantly impact your monthly water bill. The leaks themselves can cause additional damage where the water is dripping or running off. What’s

more, burst hoses or pipes can send sprays of water on walls, floors and furnishings that could be ruined by an indoor flood.

Give us a call to schedule a maintenance inspection on your plumbing system. We’ll be sure to check for dripping faucets or showerheads, slow or clogged drains, running toilets and kitchen faucet and disposal leaks along with any other potential plumbing problems you may be experiencing.

**Get \$49 Off the Trip Charge.**

For your next HVAC repair, we’d like to make things easier on your wallet. So just clip this coupon for a **\$49 savings** on your trip charge. Then call us and we’ll give you our best service. Call **Gundlach’s Plumbing, Heating & Air** at **327-3052**.

\*Coupon valid in conjunction with a customer approved flat rate repair. Residential Only.

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Ah, the aromas of outdoor grilling fill the neighborhood in summertime. But there’s nothing worse to dampen that enchanting mood than the siren of firetrucks rescuing homeowners from grilling gone wrong.

According to the National Fire Protection Agency, more than half (57%) of residential grill fires occur from May to August – and usually in the evening between 5 p.m. – 8 p.m. Also worthy of note: Propane is the fuel source for almost seven out of ten of these grill fires.



— TAKE THAT! (AND THIS TOO!) —

### Take Time to Unplug

Who doesn’t love to unwind during a relaxing summer vacation? But don’t forget to unplug too. With our smartphones practically glued to our hands, it’s hard to

get away from the constant connection. That’s why it’s a good idea to take an extended break periodically. Why not spend more time enjoying what you’re doing than posting where you’ve been? Another good idea: Bring this habit back to your regular life, and take time each day to be offline.

## Yummy Summer Treats



Grills in use equals hot, which equals risk of damage to property and home – and risk of harm for adults, kids and pets. To stay safe while enjoying delicious dinners cooked outdoors, follow these safety tips from the United States Fire Administration:

- Location, location, location. Where you place your grill is safety priority number one. Only use it outdoors, and always keep it away from deck rails and siding. Also, never place the grill under a car port or other shading.
- Give it your full attention. It is best practice to always keep an eye on your grill whenever it is lit. Also important: Maintain a safety zone of at least three feet to keep wandering kids and pets safe from harm.
- Clean your grill after every use. This removes grease buildup that can potentially start a fire. For charcoal, after grilling, place the cooled coals in a metal can with a lid in order to help suffocate the remaining embers that may still be lit.

### Is Your Water Heater Ready for Retirement?

After 10-12 years of daily service, your water heater may be ready to slow down - or even call it quits.

Call **Gundlach's Plumbing, Heating & Air** at **327-3052** and keep the hot water flowing.

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**T**wo favorite fruits – watermelon and strawberry – team up this season for delicious treats. For a delightful break or quick pick-me-up, try these options for savoring:

**Lemonade** - Combine in blender 8 cups seedless, cubed watermelon; 1 cup halved strawberries; ½ cup fresh lemon juice; 1 cup sugar and 2 cups water. Blend until smooth.

**Pops** - Puree 4 cups seedless watermelon cubes with 2 cups

hulled strawberries; pour into popsicle molds and freeze.

**Smoothie** - Combine 5 cups seedless watermelon chunks, 6 strawberries, 1 banana and 1/3 cup milk. Liquify in blender.

**Salad** - Combine in bowl 8 cups chopped watermelon, 4 cups chopped strawberries and 2 tablespoons fresh basil. Mix dressing of 2 tablespoons olive oil and 2 tablespoons lemon juice. Add 2 cups crumbled feta cheese and stir.



## Cool Tips for Summer Workouts

**S**ummer heat isn't always a friend to your health, even when you're enjoying your favorite fitness preferences. Instead of swearing off exercise until the fresh breezes return, simply adjust your workout activities.

For instance, choose a shady route for your run, bike ride or walk. Shady parks, dirt trails and tree-lined neighborhoods

all provide a clearly cooler, more enjoyable environment as opposed to pounding asphalt in direct sunlight.

Or head to the health club or neighborhood pool for a refreshing swim, especially if it's indoors. Water exercise helps keep your body cool as you improve your fitness. Do note, however, you still need to drink plenty of water to stay hydrated, even when swimming.

Time your workout for cooler parts of the day, such as early morning or early evening. Also helpful, cool off before you begin. A cool shower can help lower your body temp before launching your workout.

## MY WORD

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and be more comfortable in your home.

Whether you are interested in a new system or ready to address problems you'd like to repair, just call us.

Be sure to check out the coupons and discounts offered in this newsletter. We hope that you'll find these savings helpful.

If you're not going to use them, feel free to share them with family and friends.

Wishing you a happy summer.

Sincerely,



Ken Wonderly

## — QUICK TIPS —

### **One Task at a Time, Please.**

If you find you forget what you're doing, you're probably trying to do too many things at once. Multitasking zaps your memory. Pay attention as you place your keys on the dresser, make a promise to call a friend or think of your next errand — and remembering will come much more easily.

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P.O. Box 1738 • Bakersfield, CA 93302

[www.gundlachsservice.com](http://www.gundlachsservice.com)

If your mailing address is not correct, please call us!

## Is your bathwater clear as mud?

If your water isn't properly filtered, you may have a mud bath in your very own home.

Or at least, plenty of sediment in your water. And, in this case, that's not exactly a day at the spa. The buildup in your water can also affect taste and cleaning power of your drinking water.

Protect yourself from dirty intruders. Call **Gundlach's Plumbing, Heating & Air** at



**327-3052** for water filtration options. We can help!

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## FAST FIX

### **Brush Up on Toothbrush Care.**

Take care of your teeth — and your toothbrush too. After brushing, rinse your toothbrush thoroughly with tap water. When finished, store upright, allowing brush to air dry. If stored covered, microorganisms could grow in the moist environment. Always remember to replace toothbrushes every three or four months, as bristles will fray and become less effective.