

13 Benefits of ECE

March 5, 2018

A ship in port is safe, but that's not what ships are built for.

-Grace Murray Hopper

Writing in the *Huffington Post*, Vicki Palmer asserts that "from my professional experience of more than 35 years as a preschool teacher, I have identified 13 essential benefits of early childhood education:

1. Socialization:

Socialization with people other than the child's family in a safe environment is an essential foundational element to the below areas...

2. Concept of Cooperation:

Learning how to share, cooperate, take turns and persevere within a safe learning environment, guided by professionals who have the children's best interests at heart...

3. Encouraging Holistic Development:

The approach taken to build a strong foundation for a child's emotional, social, physical and mental development...

4. Enthusiasm for Lifelong Learning:

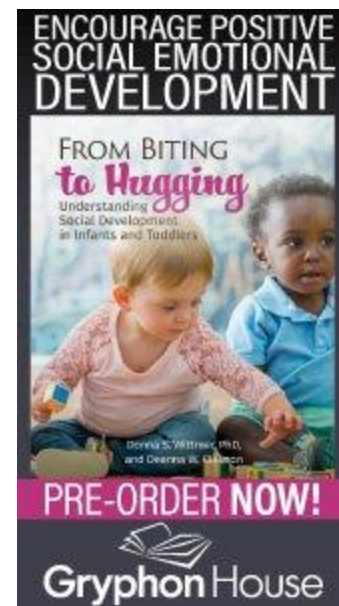
...We need to inspire a thirst for learning with eagerness and enthusiasm...

5. Convey the Value of Education Through Experience:

...While parents will always be the most important influence on a child's early life, introducing [children] to a preschool environment provides them with a new perspective on the importance of education that will remain with them throughout their schooling journey...

6. Respect:

...There is no better place to learn this virtue than in a hectic preschool environment, where everything is shared



and civility and manners are both taught and learned organically.

7. Teamwork:

Demonstrating and instilling the importance of teamwork that can teach respect for the opinions of others, listening, cooperation and equality...

8. Resilience:

It's important that early childhood educators and parents work together to develop resilience in children as early as possible...

9. Concentration:

During preschool years, children explore at every opportunity to discover new experiences, new friends and new environments...

10. Patience:

...Children need opportunities to be involved in an abundance of social experiences, where they can explore and practice the social skill of patience...

12. Confidence and Self-Esteem:

...A strong sense of wellbeing provides children with confidence, optimism and self-esteem which will encourage children to explore their talents, skills and interests...

13. Exposure to Diversity:

Valuing difference and diversity are crucial to a child's early development..."

Source: "[The 13 Key Benefits of Early Childhood Education: A Teacher's Perspective](#)," by Vicki Palmer, *The Huffington Post*, August 6, 2015

[Tell a friend about EED](#)



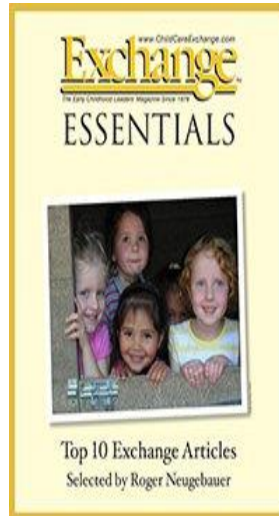
[View printer friendly](#)

[Subscribe](#) or [Unsubscribe](#)

[Exchange Essentials](#)

Find resources on a wide range of topics to help support the most beneficial environments for children.

Choose from 44 collections on subjects such as administration, child development, curriculum, environments, family, and leadership.



All Exchange Essentials are now available at the **special price of \$5 each.**

Enter code "**Essentials**" when prompted.

Learn More and Purchase

*Offer valid through March 6, 2018 at 11:59 pm Pacific Time.
May not be combined with any other offer.*

ExchangeEveryDay is a free service of Exchange Magazine. View this article online at ChildCareExchange.com.

[Comment on this article](#)