

# Confidential Intake Form

Name: \_\_\_\_\_ DOB:    /    /

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Best contact number: (    ) - \_\_\_\_\_ Email: \_\_\_\_\_ (optional)

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hobbies/extra curricular activities: \_\_\_\_\_

Have you had a massage /body work done in the past? Y/N Last massage? \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

Describe any past surgeries, injuries, or hospitalizations: \_\_\_\_\_  
\_\_\_\_\_

Are you currently experiencing any pain or restricted movements (i.e. I can't turn my head to the left):

Please describe: \_\_\_\_\_

Please list any current medications: \_\_\_\_\_

Are you pregnant? Y/N Due Date: \_\_\_\_\_

**Please circle any that apply:**

- |                         |                 |                 |                  |
|-------------------------|-----------------|-----------------|------------------|
| Numbness/Tingling       | Varicose veins  | Nausea/Diarrhea | Diabetes         |
| Epilepsy/Seizures       | Blood Poisoning | Sinus Problems  | Headache         |
| Infectious Disease      | Skin issues     | Depression      | Sleep difficulty |
| Jaw Pain/Teeth grinding | Tendonitis      | Arthritis       | Osteoporoses     |
| High/Low Blood Pressure | Blood Clots     | HIV/AIDS        | Cancer/Tumors    |
| Shortness of breath     | Asthma          | Fatigue         | Kidney disease   |
| Other _____             |                 |                 |                  |
- \_\_\_\_\_
- \_\_\_\_\_

I understand that my therapist cannot treat, diagnose, and/or prescribe. If I am experiencing and major health problems I may need to see my doctor for diagnoses and/ or treatment. I have the right of refusal any time in my appointment. I understand that I may be denied services if I have behaved inappropriately during the session or have consumed drugs or any intoxicating substances prior to my appointment. I understand I need to give my therapist at least 24 hours of notice for any cancelation or I may be charged in full for the missed service. I agree to comply with the stated policy.

X \_\_\_\_\_ X / /

(Client Signature)

(Date)

X \_\_\_\_\_ X / /

(Signature of Parent /Guardian)

(Date)