



**Executive Salon Suites | 307 W. Main Street | Suite, 200 | Room 10 | Frisco, Texas 75034**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Single: Yes ☐ No ☐ Married: Yes ☐ No ☐ Married: If yes, anniversary date: \_\_\_\_\_

Employer: \_\_\_\_\_

Occupation: \_\_\_\_\_ Does your job require that you work outdoors?

**(PLEASE CHECK ONE OF THE FOLLOWING ANSWERS)** YES ☐ NO ☐

Referred by: \_\_\_\_\_  
\_\_\_\_\_

What would you like to achieve from your treatment today? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### **Your Skin Care History**

(1) Have you ever had a facial treatment before? ☐ Yes ☐ No, when? \_\_\_\_\_

(2) Have you ever had a body spa treatment before? ☐ Yes ☐ No, when? \_\_\_\_\_

(3.) Have you ever had any of the following spa treatments: ☐ No ☐ Yes (If yes) when? \_\_\_\_\_

**Massage:** ☐ No ☐ Yes

**Salt glow:** ☐ No ☐ Yes

**Seaweed wrap:** ☐ No ☐ Yes

**Mud Bath:** ☐ No ☐ Yes

**Body scrub:** ☐ No ☐ Yes

**Other** \_\_\_\_\_

(4.) Which of the following best describes your skin type? (Please circle one type number):

( I.) Creamy complexion

Always burns easily, never tans

(II.) Light Complexion

Always burns, tans slightly

(III.) Light/Matte Complexion

Burns moderately, tans gradually

(IV.) Matte Complexion Seldom

burns, always tans well

(V.) Brown Complexion

Rarely burns, deep tan

(VI.) Black Complexion

Never burns, deeply pigmented

(5.) Do you have any special skin problems or concerns pertaining to your face or body? ☐ Yes ☐ No

Please specify: \_\_\_\_\_

(6.) Have you ever had the following treatments if so please check yes or no and date of last treatments?

Chemical peels ☐ Yes ☐ No When \_\_\_\_\_

Laser/Resurfacing ☐ Yes ☐ No When \_\_\_\_\_

Microdermabrasion ☐ Yes ☐ No When \_\_\_\_\_

(7.) Do you use Retin-A, Renova, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products?

☐ Yes ☐ NO (If yes please indicate which product and how often it is used)

\_\_\_\_\_  
\_\_\_\_\_

(8.) Have you used an acne medication? ☐ Yes ☐ No, when? \_\_\_\_\_ Which drug? \_\_\_\_\_

(9.) What skin care products are you currently using? (List brand name if known) \_\_\_\_\_

(10.) Have you recently used any self-tanning lotions, creams or treatments? ☐ Yes ☐ No,

(Please specify): \_\_\_\_\_

(11.) Have you used any of the following hair removal methods in the past six weeks? ☐ Yes ☐ NO  
(Please circle all that apply).

Shaving      Waxing      Electrolysis      Plucking/ Tweezing      Threading      Chemical Depilatories

(12.) What areas of concern do you have regarding your skin: (Please check any that apply and explain):

T-Zone ☐ dehydrated/dry ☐ oily ☐ breakout(s) ☐ wrinkles ☐ milia ☐ other: \_\_\_\_\_

Eyes: ☐ dehydrated/dry ☐ wrinkles ☐ puffiness ☐ dark circles ☐ milia ☐ other: \_\_\_\_\_

Lips: ☐ dehydrated/dry ☐ cracked/chapped lips ☐ other: \_\_\_\_\_

Chin: ☐ dehydrated/dry ☐ breakout ☐ oily ☐ inflammation ☐ other: \_\_\_\_\_

Ears: ☐ dehydrated/dry ☐ breakout(s) ☐ other: \_\_\_\_\_

(13.) Have you ever had an allergic reaction to any of the following? (Please check any that apply and explain) (If yes, please give the name of the product that caused the reaction)

☐ Soap \_\_\_\_\_

☐ Mask \_\_\_\_\_

☐ Cleanser \_\_\_\_\_

☐ Exfoliator \_\_\_\_\_

☐ Shower Gels \_\_\_\_\_

☐ Sunscreen \_\_\_\_\_

☐ Night Moisturizer/Cream \_\_\_\_\_

☐ Makeup Products \_\_\_\_\_

☐ Toner \_\_\_\_\_

☐ Eye Products \_\_\_\_\_

☐ Day Moisturizer \_\_\_\_\_

☐ Scrubs \_\_\_\_\_

☐ Body Lotions \_\_\_\_\_

☐ SPF \_\_\_\_\_

☐ Other \_\_\_\_\_

14) What SPF do you use on your face? \_\_\_\_\_ How often/when? \_\_\_\_\_

(15.) What SPF do you use on your body? \_\_\_\_\_ How often/when? \_\_\_\_\_

(16.) Have you had any recent tanning bed or sun exposure that changed the color of your skin? m No m Yes  
specify: \_\_\_\_\_

(17.) Have you experienced Botox, Restylane or Collagen injections? m No m Yes  
specify: \_\_\_\_\_

**Female Clients Only:**

(18.) Are you taking oral contraceptives? ☐ Yes ☐ No  
specify: \_\_\_\_\_

(19.) Any recent changes to or from your contraceptive treatment? ☐ No ☐ Yes; If so, what and when:

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(20.) Are you pregnant or trying to become pregnant? ☐ No ☐ Yes

(21.) Are you lactating? ☐ Yes ☐ No

(22.) Any menopause problems? ☐ No ☐ Yes specify: \_\_\_\_\_

(23) Are you undergoing any hormone replacement therapy? ☐ Yes ☐ No Please specify

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**Male Clients Only:**

(24) What is your current shaving system? ☐ Wet shave or ☐ Electric (Please check one of the answers)

25) Do you experience irritation from shaving? ☐ Yes ☐ No | Ingrown hairs? ☐ No ☐ Yes | Please use the space below to complete answers where space was insufficient. (Please include the number of the question)

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Future Appointments/Contact: May I call/text you utilizing the numbers that you have provide, work or cell phone number to confirm future appointments? ☐ Yes ☐ No May I contact you via mail/email about future promotions and news? ☐ Yes ☐ No I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client Name (printed) \_\_\_\_\_

Client Name (signature) \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Name (printed) \_\_\_\_\_

(Applies if client is under the age of 18)

Guardian Name (signature) \_\_\_\_\_ Date: \_\_\_\_\_

Esthetician (signature) \_\_\_\_\_ Date: \_\_\_\_\_